



# The Rainbow Journal

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## FROM THE EDITOR

The previous two issue of the Journal contained two parts of the four part series of articles on Law. The first two briefly discussed Religious Law and Social Law. In this issue we touch on the Laws of Nature. The article on Specialness is in response to an email from one of our readers.

- Brian Alderson ΩΩΩ

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## LAWS OF NATURE

The word 'law' can have different meanings depending on the context in which it is used. A standard dictionary meaning of law is “any written or positive rule or collection of rules prescribed under the authority of the state or nation.” There is also the 'Law of Moses' which is Jewish and Christian law as found in the Bible Old Testament. Used in one of these contexts synonyms such as 'orders' and 'commandments' could be used in the place of 'law'.

However there is a very different meaning of 'law' when it is used in referring to 'laws of nature', 'laws of physics' and 'universal' or 'spiritual law'. Physical law or the laws of nature which is a generalisation based on empirical observations. Laws of nature are conclusions drawn from, or hypotheses confirmed by scientific experiments. The production of a summary description of nature in the form of such laws is the fundamental aim of science. So the laws of nature are quite distinct from legal code and religious Law.

The average person gives little thought to laws of nature, although we understand that our natural world is governed by them. We do not need to know these laws although we experience their effects. I know that if I put my hand in a fire it will get burnt and I will suffer severely as a result. I may not know the particular laws involved that causes the burning of flesh by the heat from the fire and how the heat is generated in the fire and transferred to my flesh, but knowing the results I avoid doing so and thus avoid the consequences of breaking these natural laws.

It appears that these natural or physical laws have certain characteristics:

The first of these characteristics is that *physical laws are permanent*. This means that while they have been discovered by man they were not invented or made by man – they were there all the time. They have remained unchanged from the beginning and we expect that they will continue to remain unchanged for ever, although of course it may later be discovered that what we thought was the law was only an approximation or part of a more accurate law. Because of the permanence of these laws we can put our faith in them and can rely on them.

Next, be their very *all physical laws are true*. They have never, and never expect to be contradicted by any other law otherwise they would not be true. Any contradiction would immediately invalidate the law. Sometimes experiments appear to contradict physical laws, however there could be a number of causes behind these apparent contradictions. Perhaps the observations were faulty, or the laws as defined were incomplete or our understanding of the laws were wrong, or the laws themselves were wrong – in which case they would no longer be valid laws.

*Physical Laws are universal*. They apply everywhere and to everyone and not just in any one country, continent, planet or solar system. They are *generally simple*. They are typically expressed in terms of a single mathematical equation. Probably

one of the most famous laws is what was put forward by Albert Einstein concerning the relationship between matter and energy in the equation  $E = MC^2$ .

*Physical laws are just.* No one has ever proved the unjustness of any physical law. We can certainly defy the laws but we will always face the consequences of these transgressions. We do not blame an insensitive God when the results of our breaking a physical law cause us to suffer. If we decide to jump off a tall building would we blame God for suffering serious injury or death by defying the law of gravity?

*Physical laws are omnipotent.* Everything in the universe apparently must comply with them. This of course will raise the question of how God (if He exists) fits into this for we may ask can and does God override physical laws? From a scientific standpoint the answer is 'no' while from the standpoint of certain religions the answer is 'yes' although whether or not God does break His own laws would be a great subject for debate.

Other characteristics of physical laws are that they are perpetual, immutable, and self administering. They do not have government, policemen, courts and armies to enforce them or to maintain order. They are no respecters of persons, religions, governments, institutions, race, or ethnic background. All are subject to these law without regard for special treatment or favouritism.

There is more. As scientists record what they observe, most often they are not just using words and paragraphs. The laws of nature can be documented with numbers. They can be measured and computed in the language of mathematics. The greatest scientists have been struck by how strange this is. There is no logical necessity for a universe that obeys rules, let alone one that abides by the rules of mathematics. The speed of light measures the same 186,000 miles per second, no matter if the light comes from a candle or a star that's galaxies away. Mathematically, there is an exact speed of light that doesn't change.

Physicist Eugene Wigner states that the mathematical underpinning of nature "is something bordering on the mysterious and there is no rational explanation for it." Richard Feynman, a Nobel Prize winner for quantum electrodynamics, said, "Why nature is mathematical is a mystery...The fact that there are rules at all is a kind of miracle."

This astonishment springs from the recognition that the universe doesn't have to behave this way. It is easy to imagine a universe in which conditions change unpredictably from instant to instant, or even a universe in which things pop in and out of existence. Instead, scientists cling to their long-held faith in the fundamental rationality of the cosmos.

Another physicist, Paul C. Davies, comments, "...to be a scientist, you had to have faith that the universe is governed by dependable, immutable, absolute, universal, mathematical laws of an unspecified origin. You have got to believe that these laws will not fail, that we will not wake up tomorrow to find heat flowing from cold to hot, or the speed of light changing by the hour. There is no reason they are what they are - they just are."

Today, even the most secular of scientists presumes that nature embodies not only order but simplicity and beauty.

The question behind scientific pursuits is legitimate - why is the universe orderly? Some of us seek the final answers through scientific investigation of the physical world while others seek them from the non-physical. Perhaps, in the not too

distant future these two groups will come to a point when their findings meet and agree. Then science will become one with religion. - BDA ΩΩΩ

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## SPECIALNESS

Following the distribution of our last issue, Sean, one of our readers who is a member of an ACIM study group, sent me an email that contained his contribution to the group on the subject of 'specialness' and invited me to comment.

Specialness is a subject which I had not dealt with before in Journal articles so I undertook a little research. I often start with looking up the meaning of the central word, or words, used in the topic as most words have more than one meaning, so without clearly defining what we are discussing we can be misunderstood.

I found three broad definitions for special:

1. Exceptional: as in "She has a special talent for singing", "A special treat"
2. Distinct among others of a kind: "a special medication for arthritis."
3. Regarded with particular affection and admiration: "a special friend".

Where the word is misused is when it suggests *superiority*. Not just superiority in a particular ability but the feeling of superiority as a human being because of our race, gender, wealth, social status or beliefs. It is this sense of superiority that causes all the strife and conflict in the world. Our enemies are inferior to us so they do not deserve the same treatment as we give our friends and countrymen.

There are no references to specialness in the Edgar Cayce readings however The Course In Miracle text has a section devoted to the subject where the word 'specialness' is used 123 times. The Conversations With God also has passages on the subject. In response to the questions: "*To whom does God communicate? Are there special people?*" the response was:

". . . in order to justify your human fears, you have imagined a God who *acts just like you*. Therefore, you speak of God's 'promise' to his 'Chosen People,' and of covenants between God and those God loves, in a special way.

"You cannot stand the thought of a God who loves *no one* in a way which is more special than any other, and so you create fictions about a God who only loves certain people for certain reasons. And you call these fictions religions. I call them blasphemies. For any thought that God loves one more than another is false - and any ritual which asks *you* to make the *same statement* is not a sacrament, but a sacrilege."

Elsewhere in the CWG text:

"All people are special, and all moments are golden. There is no person and there is no time one more special than another. Many people choose to believe that God communicates in special ways and only with special people. This removes the mass of the people from responsibility for hearing My message, much less receiving it (which is another matter), and allows them to take someone else's word for everything. You don't have to listen to Me, for you've already decided that others have heard from Me on every subject, and you have them to listen to."

ACIM refers to specialness in a different way:

"All that is ever cherished as a hidden belief, to be defended though unrecognised, is faith in specialness. This takes many forms, but always clashes. *Do to others as you would have them do to you* with the reality of God's creation and

with the grandeur that He gave His Son. What else could justify attack? For who could hate someone whose Self is his, and Whom he knows? Only the special could have enemies, for they are different and not the same. And difference of any kind imposes orders of reality, and a need to judge that cannot be escaped.”

“But what is different calls for judgement, and this must come from someone 'better,' someone incapable of being like what he condemns, 'above' it, sinless by comparison with it. And thus does specialness become a means and end at once. For specialness not only sets apart, but serves as grounds from which attack on those who seem 'beneath' the special one is 'natural' and 'just.' The special ones feel weak and frail because of differences, for what would make them special **is** their enemy. Yet they protect its enmity and call it 'friend.' On its behalf they fight against the universe, for nothing in the world they value more.”

“He who is 'worse' than you must be attacked, so that your specialness can live on his defeat. For specialness is triumph, and its victory is his defeat and shame. How can he live, with all your sins upon him? And who must be his conqueror but you? Would it be possible for you to hate your brother if you were like him? Could you attack him if you realized you journey with him, to a goal that is the same? Would you not help him reach it in every way you could, if his attainment of it were perceived as yours? You are his enemy in specialness; his friend in a shared purpose. Specialness can never share, for it depends on goals that you alone can reach.”

However in one passage of CWG we are told that although no one person is more 'special' than another we can have relationships that are special:

“There may come a time when you want to experience a high degree of specialness in a relationship. Not that one *person* is more special to you than another, but that the *way* you choose to demonstrate with one person the depth of love you have for all people—and for life itself—is unique to that person alone. Indeed, the way you now demonstrate love to each person you *do* love is unique. You demonstrate your love to no two people in exactly the same way. Because you are a creature and a creator of originality, everything you create is original. It is not possible for any thought, word, or action to be duplicative. You *cannot* duplicate, you can only *originate*. Do you know *why* no two snowflakes are alike? Because it is *impossible* for them to be. "Creation" is not "duplication," and the Creator can only create. That is why no two snowflakes are alike, no two *people* are alike, no two thoughts are alike, no two relationships are alike, and no two of *anything* are alike.”

The dilemma we face is what is called a 'dichotomy' - two opposite statements both of which are true. “We are all one.” “We are all separate unique individuals.” We can live with these if we understand our individual uniqueness and treat it with humility in our relationship with others, for in the end: “What you do unto others you do to yourself.” - BDA ΩΩΩ

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## **BLESSED ARE THE MEEK**

When we use the word 'meek,' we often associate it with rather negative depictions of people showing weakness in one form or another. If the word is used in reference to a man we may associate it with a male who is hesitant, a bit of a wimp, who is unassertive and retiring. With a female it may be associated with a woman who is submissive, subservient and unresisting.

Given these descriptions one would wonder why Jesus should consider that

these people should inherit the earth. The answer is that Jesus was referring to the positive qualities of meekness which, rather than denoting weakness, require a strength of spirit. These positive qualities include forbearance, tolerance, modesty, gentleness, patience and above all, humility.

Humility does not mean looking down on oneself or thinking ill of oneself, rather it really means not thinking of oneself very much at all. The humble are free to forget ourselves because we are secure in that we accept the fact that, as humans, we are small and vulnerable. Yet we know that we have been made in the image and likeness of our Creator. Thus we have a spirit which is indestructible That gives us a dignity that we don't have to earn and can never be taken away. So when we mess up, we don't have to cover it up. We just say "please forgive me," give thanks for God's mercy, and move on. And when our creaturely limitations cause us to fail, we are not surprised.

We also accept that because we are human suffering is part of our life. The secure part of us is in the knowledge that, while the flesh is weak and that we can never be physically secure, our spirits are indestructible. Once we accept this fact and be willing to be physically vulnerable we will be walking along the same path as Jesus, we will be obeying his charge to 'follow me.' Jesus never carried a single weapon, never a single item in which he could use to defend himself even though he had many enemies who were out to silence him. Did he ever show concern over his security?

Since we are indestructible spirits we have nothing to prove, we don't have to flaunt our strengths or use them to dominate others. Humility leads to meekness. And meekness is not weakness. Rather, it is strength under control, power used to build up rather than tear down. The humble are not threatened either by God's greatness or the reflection of that greatness in the talents and strengths of others. In fact, this is what naturally catches our eye and absorbs our attention – the goodness of God, wherever it may be found. .

One of the difficulties in our accepting our vulnerability is in the denying of our underling human weaknesses. This is a foolish cultural attitude because the reality is that as individuals, as nations we are all weak. We all have imperfections, problems, neuroses, failures and shortcomings and attempting to hide these is to deceive ourselves. It is amazing how humility and the admission of our weaknesses and errors disarms others. If we only accepted this and acted on the fact we would not need to spend so much time and money on defence. We could spend more time extending the hand of friendship to our fellows rather than extending a hand with a gun at the end of it.

The reason the humble ones take the last place of honour at the table is not because they think ill of themselves, but because they are preoccupied with honouring others. And the reason people ask them to move higher is because they know this admirable attitude is rare. The humble are the people who can truly listen to another with genuine interest and delight in the other's goodness. The humble are the people who give us their undivided attention and make us feel special and appreciated. We love to have the humble around. We love to work hard for them and cheer when they are honoured.

Humility like all virtues must be constantly worked on. Perhaps the affirmation below could form part of our daily prayer and meditation session.

### **From the Edgar Cayce readings**

*Be patient, all. For all will pass through, in material experience, the greatest bounty of all. When you fail here or there, you must learn your lessons. Humility, patience, faith. These make for the proper relationships, of the Mind; that is the builder for the Body, for the Soul. 262-89*

*Beware, though, of expressions in the temper, or in the power of the body physical OR mental over the weak for the urge often comes to exercise such. Never turn same for self's own interest, for - as will be seen through experiences in the earth's plane - much may be lost through aggrandizement of selfish motives. Little of self is held in esteem above others, would there be humility and the contrite heart before the creative forces that give - give - to others that the understanding of relations between men as men, or man's relation to the creative forces - for in selfishness is the greatest plague, the greatest hindrance, the greatest barrier towards man's own development. Hence beware of association or the contact of self towards those who would give their own bodies and souls for position, power, fame, or monies.165-2*

*Do not allow self to become cold, even as the church, but rather let the simplicity of the service be done day by day through the knowledge that His love, His promises abide; for there is power in the Name, there is strength and glory to those that are faithful, there is the abiding hope to all that come in humbleness seeking even as He, "Not my will but Thine, O God, be done in me." There is no power, no strength, save in Him. That puny strength man may assert in the power of his own manhood is but the shadow of that shown by Him, in the ways that lead to the thoughts of everyday action. 262-33*

*Not in selfishness, not in grudge, not in wrath; not in any of those things that make for the separation of the I AM from the Creative Forces, or Energy, or God. But the simpleness, the gentleness, the humility, the faithfulness, the longsuffering, patience! These be the attributes and those things which the soul takes cognizance of in its walks and activities before men. Not to be seen of men, but that the love may be manifested as the Father has shown through the Son and in the earth day by day. Thus He keeps the bounty, thus He keeps the conditions such that the individual soul may - if it will but meet or look within - find indeed His Presence abiding ever. 518-2*

*Let thy meditation, thy prayer ever be: "Father, God! In that You have given to me the Christ Consciousness, may I - in my daily walks before my fellow man - manifest the spirit of the Christ; in humbleness, in love, in patience, in longsuffering; that I indeed may manifest the spirit of the Christ Consciousness." 262-118 - BDA ΩΩΩ*

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## **FEAR AND LOVE**

For some time I had intended to compose an article on fear, particularly as seen by many to be the antonym of love. However this morning, after learning the results of the British referendum, I was reminded how fear can be such a motivating force for it appears that a great number of voters, in choosing to exit, were motivated by fear. They chose to vote to secede from the European Union because of the fear of the effect on their lives from the large number of immigrants that were entering Britain on E.U. Passports.

One type of fear is instinctive and exists in all animals. It is referred to as the

“fight or flight” response in the presence of immanent danger. Under the proper conditions, instinctive fear actually serves as a useful survival tool when dealing with this fight or flight response stimuli, and helps to keep one safe and alert to potential dangers that may lurk around the corner. In the wild, fear is often used as the major adrenaline rush that helps wild animals, and us, to respond appropriately to an impending danger, either by running away or fighting. Afterwards, the feeling subsides and is replaced with contentment and a focused existence in the here and now.

No emotion is more palpable in these changing and uncertain times than fear derived from our thoughts. Thoughts of what may happen in the near or distant future because of the rapidly changing times. They have been spawned and stimulated by a lack of the feeling of protection and security in the things we used to take for granted as always being there for us. With our current world economy in a state of fiscal unrest, with the emotional roller-coaster that drives the stock market and other financial engines, with unemployment rates increasing causing great job insecurity, we have been rocked to our core in terms of our faith in the things we have held for so long as the foundations for our modern existence and protection.

The latest cause of fear has been generated by the overwhelming number of refugees flooding Europe and surrounding areas as a result of war and conflict in the Middle East. Although there are a number of issues involved there is no doubt that the vote by Britain to decide whether or not to exit the E.U. was swung in favour of exiting by fears over immigration. This fear has also been a major player in the upcoming U.S. presidential election, where Donald Trump has blamed immigration and immigrants for much of the woes in that country today. It reminds us older people of the strategy Hitler used in Germany during his election campaigns when he blamed all the ills in Germany on the Jewish population.

In many other countries, including Australia and New Zealand politicians have used this emotional motivating force of fear to influence voters. We who are searching of the path of self-realisation, seeking companionship with God as He is manifested in all life should be mindful of our fears reminding ourselves that we are more than bodies and that we are all from the same source so it is important that we must begin to care for and take care of one another. It starts small and grows into concentric circles of influence and action. The mantras “Pass it forward” and “Love one another” have never been more important than it is now. The knee-jerk tendency is to hold back and hoard, but now more than ever we must begin to work for the collective good. There is enough, there is abundance. We have just been led to believe that there is limitation. This is an illusion.

The choice is yours and ours. Do we become a cause for good in our lives, or do we slip deeper down the hole of victimized effect. Our thoughts, our feelings, play a significant role in what we create and how those thoughts out-picture in this physical universe. It is always important to remember that we are more than the physical bodies that we occupy. We are a part of an amazing multi-layered universe of existence. Our perceptions may temporarily be compressed into the limited viewpoint and spectrum of the physical, but we are all so much greater; so much more than what we are being led to believe in this limited physical existence. As we begin to wake up more and more to our true identities, we begin to understand the illusion around us and the games perpetrated on us. We begin to realize that this

multi-chaptered stage play we call life and existence is just a minute percentage of our overall existence and beingness. We begin to realize that the mundane realities we have focused our attention on for so very long are but creations of our own manifestation, and that we can rewrite and recreate them both individually and collectively by virtue of what we choose to place our attention on. Fear or love; this is the choice.

As Franklin Delano Roosevelt once said, "...there's nothing to fear but fear itself." The call is and always will be to awaken to the oneness that is in us, that is us. Within this awakening, fear does not exist. Our existence depends directly on our collective ability to evolve and embrace the love that is at the true core of our being. It is about love; not fear. Love and fear cannot occupy the same space at the same time. Love is stronger than fear because love is the pure positive energy of Source. We are love; we make up its energy. We can choose whether or not to allow fear into our hearts and minds. We are to take control, to accept the love; reject the fear. To show kindness and compassion to one another. We do live in abundance and there is enough. We are not to let anyone or anything make us believe otherwise. We just have to reclaim our rightful place in the Spiritual hierarchy and allow love to reign supreme. It's the way of, and to, our Creator.

FROM THE EDGAR CAYCE READINGS

(Q) How can I overcome the fears that beset me, especially about myself and my wife?

(A) *Fear is the root of most of the ills of mankind, whether of self, or of what others think of self, or what self will appear to others. To overcome fear is to fill the mental, spiritual being, with that which wholly casts out fear; that is, as the love that is manifest in the world through Him who gave Himself as a ransom for many. Such love, such faith, such understanding, casts out fear. Be not fearful; for what you sow, that you must reap. Be more mindful of that sown. - BDA ΩΩΩ*

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## QUANTUM PHYSICS – A CURE FOR HEALTH CARE

According to an article in the *Journal of the American Medical Association*, the healthcare system is the third leading cause of death in the U.S., after heart disease and cancer.

The same article states, "In the blind reliance on drugs, surgery, technology and medical establishments, the American medical system has inflicted more harm than good on the U.S. population." Starfield's article also states that, "In order to improve the medical system, American policy makers and the medical establishment need to adopt a comprehensive approach and critically examine the failure of the richest country in the world to provide decent healthcare for its people."

It is obvious that the conventional paradigm of medicine based on a linear model of science has not only raised the cost of health care to the point that it is unaffordable for even rich societies, but it has also failed to provide overall well-being for Americans.

Einstein said, "We cannot solve our problems with the same thinking we used when we created them." Coming from a background of experience with both social and privatized health-care systems, I am convinced that simply adjusting socio-political methods for delivery is not enough to solve the current healthcare crisis. Our approach to health care must be radically transformed into a new vision based

on the principles of quantum physics.

As I wrote in my book, *Creative Integrative Medicine*, “The tree of medicine must be transplanted into a new soil, where its roots can deepen and intertwine to reach a more complex source of healing knowledge and bring together all traditions of healing, ancient and modern.”

What does this mean? Let’s review some of the major outcomes of redefining the paradigm of conventional medicine:

- Conventional and natural medical education will be redefined with an updated model of science based on the principles of quantum physics.
- New and ancient models of healing will be available through the healthcare system as accepted possibilities for healing, when they meet the requirements of this new model of science.
- Medicine will be health-oriented, seeking the full potential of the individual and the prevention of disease, instead being limited by a fatalistic disease perspective of the individual.
- This new paradigm shift, supported by a collegiality of doctors and scientists, is already available at Quantum University and totally redefines the relationship of doctor to patient, healer to healed.
- The humanitarian component of this new medicine will be developed with a sensitivity to the needs of our communities, including increasing their sense of well being.

What I am proposing here is to radically shift the way we relate to health and disease, addressing the root of the problem by asking how we are educating ourselves and our doctors to maintain and restore health. - *Dr. Paul Drouin, Quantum University. ΩΩΩ*

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## UNDERSTANDING KARMA

Many of us, when we were young, were taught that we have this one single life on earth. Sometime after our deaths there will be a 'judgement day' when we will be called to account for our conduct during this single life and depending on the verdict we would spend eternity either in heaven or hell. This system seemed so utterly unjust to me as I could not understand how a person could be eternally punished for sins committed over a short lifespan on earth, or why, just because a person got a judgement day passmark, that person would spend eternity living blissfully in heaven.

As we got older many of us looked to alternative religions and philosophies and would have stumbled across the Eastern principle of reincarnation. Some of the early books on the life and works of Edgar Cayce dealt with this concept, such as the best seller “Many Mansions” by Gina Cerminara, which convinced many of us of the validity of this doctrine and that we all came under the Law of Karma. What was written was that Karma was essentially about natural justice which spanned over more than one lifetime so that death itself was not a punishment nor was it an escape from justice.

When we refer to karma we often think of only the bad things that happen to us, presumably the result of past errors and wrongdoings. While this may be true in part this does not cover the full dimension of karma. The Law of Karma is equivalent to the physical law of 'cause and effect' or 'action and reaction' which

states that every act has a resulting effect or reaction. Thus if one puts a hand in a fire one will experience pain and suffering – a simple cause and effect and one would not conclude that the suffering was a punishment from God but a natural result of pain caused by the heat from the fire.

If we commit an act of cruelty, if we deliberately cause harm to someone this will come back to haunt us irrespective of whether we have been brought to account under our human laws. Similarly if we do good deeds and unselfishly serve others these acts will come back to us, perhaps by us receiving help from an unexpected source when we are in need. So the law of cause and effect applies to every action – good and bad - and the law should never be thought of as punishment but rather the effects of actions so that good deeds will result in good results and bad deeds will result in bad results. As Saint Paul aptly put it 'Don't be deceived. God is not mocked, for whatever a man sows, that he will also reap.' Sow good seeds and good crops mature, sow bad seeds and bad things spring up.

The main difference between the physical and spiritual laws is that with the physical law the effects of action follow either immediately or within close proximity to the actions or causes whereas with the spiritual law the results are not confined to the dimension of time so that they can manifest themselves over many lifetimes.

### ***Sickness & Sin***

One concept of karma which could be misunderstood is in the premise that, as Cayce stated, "... all illness is sin manifested..." We could conclude from this that sick and diseased people are sinful people and presumably the more sick, diseased or crippled they are the more sinful they are. Conversely we could assume that people with good health and great physiques are virtuous and untainted by sin. Again sometimes this may be the case however to come to this conclusion would be looking from the physical rather than the spiritual aspect. We would be reaching conclusions based on our senses rather than spiritual insights.

Sometimes we do things that are extremely negative, one may say 'evil.' We may proceed along a path that leads away from the light as we become 'slaves to sin.' As Cayce would state we would have 'lost spiritually.' The wrong thoughts and actions may be of such magnitude that we would not be in a position to withstand the consequences were we to face them in our current spiritual state. Therefore the consequences may be delayed until such time as we have built up sufficient spiritual strength to meet ourselves. In the meantime we may be born into an environment where the challenges are such that we have an opportunity to spiritually progress despite the baggage of past deeds we carry with us. So it may not be until a number of future lifetimes later that we will eventually be faced with these past unresolved issues. A number of cases in the Cayce files refer to karma delayed for some time. In one case the entity was once living in Rome and was a spectator at the arena where Christians were led in to face hungry lions. She laughed at the injury received by one of the Christians who was being mauled and as a result of this scorn, many generations later at the age of 36, she contracted polio and was crippled. The readings stated that this was a karmic result of her scorn so many hundreds of years earlier.

It is quite possible, in fact probable, that those amongst us who were born with severe physical handicaps or diseases are in fact spiritually advanced to the point that they are able to meet these great physical challenges. Have we all not

witnessed people with crippling handicaps who seem to possess a strength of spirit far above the norm? So the crippled beggar sitting on the street corner may be a spiritual giant who is meeting his final challenges on earth while the smartly dressed businessman who looks down on the beggar as he strides by is, in comparison with the beggar, a spiritual infant.

### **Positive Karma**

Because the majority of Cayce's client were people seeking help over illness and physical problems the readings dealt mostly with the negative karma facing these people however there are readings in which he stated that physical beauty, talents and unusual abilities in the present life were the result of past deeds and efforts. An example of this was the instance in which the reading gave a Karmic reason for beauty. This is the case of a striking New York model whose unusually beautiful hands brought her much in demand for advertisements promoting nail polish, hand lotion, and jewellery where hands would be featured in the advertisements. The karmic cause for her gift of beauty was found in the immediately preceding incarnation, when she was a recluse in an English convent. Her life had been spent in performing menial and distasteful tasks with her hands. She did them with such a dedicated spirit of selflessness and service that her consecration of spirit was transmuted into the unusual beauty of her person and of her hands.

Thus we should keep in mind that no effort is ever wasted, no good deed or unselfish kind act is ever lost, so that no matter how old we are or what circumstances we are in we always have opportunities to build the right karma. We are today the result of our previous actions and what we will be tomorrow is determined by what we do today.

### **From the Edgar Cayce Readings**

*In the beginning all souls were as a unity to the God-Force. As you added or subtracted that which was in keeping with God's purpose, you added or subtracted from the blessings you might be conscious of in materiality. Thus karma is built. And the law is perfect - what you sow, you reap. 3660-1*

*There are physical disturbances that are a part of the entity's karma. They are for lessons for those responsible for the body, if you will accept it. If you let it harden thee, you miss the opportunity of knowing that He is the resurrection, He is the truth and life. 3391-1*

*If there is the desire, there may be used the influences that we might suggest - though these will not heal, or remove causes. For, as has been indicated often, causes may be karma. Karma is cause often of so called hereditary conditions. Then indeed does the soul inherit that it has built in its experience with its fellow man in material relationships. 3313-1*

*This - find it in self. Know, so long as we feel there is karma, it is cause and effect. But in righteousness we may be justified before the Throne; thus we may pass from cause and effect, or karma, to that of grace. The name then was Eloise White. Yet the entity in the latter portion of its experience gained, for it came in contact with some of those who had suffered through the destruction of those lands now called Chicago or Dearborn. These brought a stabilizing of self, in the understanding that with what measure you mete it is measured to you again. It is the law of cause and effect, and is thus called karma. It is also the law of grace, of*

*mercy, for if you would have mercy you must show mercy. If you would have peace it must be first within self, and you must be peaceful and create peace wherever you go, with whomever you contact, and not dissension 2987-1. - BDA*  
ΩΩΩ

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## **WORDS OF WISDOM FROM C.W.G.**

### *THE GREAT SECRET*

This is the great secret. This is the sacred wisdom. *Do unto others as you would have it done unto you.* All of your problems, all of your conflicts, all of your difficulties in creating a life on your planet of peace and joy are based in your failure to understand this simple instruction, and to follow it.

### *FORGIVING OR FORGETTING?*

You keep forgetting. But life is not "for getting." Life is "for giving" and in order to do that, you need to be forgiving to others—especially those who did not give you what you thought you were going to get!

### *VIOLENCE*

There will always be disagreements between nations, for disagreement is merely a healthy sign of individuality. However violent resolution of disagreements is a sign of extraordinary immaturity. As long as you think you can win an argument, you will have it. As long as you think you can win a war, you will fight it.

### *HUMAN EQUALITY*

The challenge is not to make everyone equal, but to give everyone at least the assurance of basic survival with dignity, so that each may then have the chance to choose what more they want from there.

### *THE MESSAGES WE ARE GETTING*

Your television programs editors think nothing of showing naked violence but shrink from showing naked love. Your whole society reflects that priority.

### *THE GREAT "I AM"*

Each of you has your own construction. Each of you has understood Me—created Me—in your own way. To some of you I am a man. To some of you I am a woman. To some, I am both. To some, I am neither.

To some of you I am pure energy. To some, the ultimate feeling, which you call love. And some of you have no idea what I am. You simply know that I AM.

And so it is.

I AM.

I am the wind which rustles your hair. I am the sun which warms your body. I am the rain which dances on your face. I am the smell of flowers in the air, and I am the flowers which send their fragrance upward. I am the air which carries the fragrance.

I am the beginning of your first thought. I am the end of your last I am the idea which sparked your most brilliant moment. I am the glory of its fulfilment I am the feeling which fuelled the most loving thing you ever did. I am the part of you which

yearns for that feeling again and again.

Whatever works for you, whatever makes it happen —whatever ritual, ceremony, demonstration, meditation, thought, song, word, or action it takes for you to “reconnect”—do this.

Do this in remembrance of Me. ΩΩΩ

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## CHRIST IN YOU

### PART III NINETH LESSON

#### FIRST LESSON

##### **I In Them**

I want to unfold to your understanding something of the meaning of God immanent and God transcendent. God and man are not separated, and never have been. After our lesson on the mind and soul you are quite aware of the oneness and unity of life. You are in every living thing. You are round about everything that is. You cannot separate yourself from anything that lives, moves, and has its being. You are in the rock, the crystal, in every bud and twig, in all places at all times. You have always been. The sense of separateness is false understanding, and brings only confusion of mind.

Is not this feeling more than a relation to God? It is not the one speaking and breathing through all forms - all Creation - the creator and the created? How say you: “Show us the Father”? “He that has seen Me has seen the Father.” Oh, priceless truth, now our privilege and joy to enter into! “I and the Father are one.”

How are we going to live, so that this knowledge may be used for all? You dwell in the upper most parts of the earth; you have your responsibilities there, here, and everywhere. You are not without a witness, and you know nothing but the one good, one will; not a union of spirit with parent spirit, but an at-one-ment. Knowing only one Lord - one God - one Christ - this is not a mystery to you any longer. The race is unfolding, and you are unfolding; and just as you yield to truth and love, so all are helped. I cannot put this too strongly, for in it is the answer to all the seeming mystery of pain and sorrows of life. Surely He has borne our griefs and carried our sorrows, and is doing this even now.

Will you reverently consider why you seem to be a limited part? Is it not because you have looked upon God as apart from yourself, thought of the indwelling Christ as Jesus of Nazareth? Do you not see how childlike has been your understanding? Your dependence upon someone, something, proved your childlike consciousness; and even as a child learns to say: “I am myself”, so will the whole human race say, as we now say together: “I in you and you in Me”. “I am Myself”. This understanding is putting Christ on the throne, lifting Him to where he deals with error and sin as a thing outside Himself. The truth dawns, and the inner Christ reveals to man his birthright, his true power, and henceforth he becomes one with, for and through all. Think for a moment how you dishonour Jesus as teacher if you hold Him responsible for the forgiveness of your ignorance. has he not said: “All that the Father has is yours, is mine?” He has also given you the key, the power of appropriation by faith. - ΩΩΩ



## **OUR CLOSING THOUGHT**

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

## **LOVE**



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