



The Rainbow Journal

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Link to Search for God Lessons:

<http://www.improvetransform.com/>

FROM THE EDITOR

Some readers have indicated that they prefer the Journal to have two columns, while others have said that they much prefer single column format particularly if they are read on tablets or small laptops (see letter below). I can produce the Journal in either format so would you please email your preference to rainbowjournal@live.com and I will be guided by your response. If there are sufficient replies split between single and double column preferences I will produce the Journal in both formats, otherwise I will abide by a majority decision. In the meantime I have presented this Journal in the single column format - *Brian Alderson ΩΩΩ*

CALL FOR HELP!

Since starting the Journal some ten years ago I have never asked anything from readers other than your comments and criticisms. I have never asked for money and never intend to, mainly because the Journal costs next to nothing to produce and distribute.

What I am now asking for is help with obtaining a replacement for a text word search engine with was provided by the A.R.E. Press a number of years ago to use together with the Edgar Cayce Complete Readings CD. This search engine was unique in that it had the ability to find words in the text within a certainly proximity to each other. So I could search for 'God' and 'Love' within five words of each other. Without this restriction one could end up with hundreds of search results with the words having no relation to each other in the highlighted text.

When changing computers I lost the file that contained the search engine program but still had the original 3.5 inch floppy disc that contained the program. Unfortunately over time the disc had become corrupted and unreadable. I wrote to my contact in the A.R.E and was advised that the program was no longer available. I have yet to find any other word search that has this capability which was a great tool in my research of the readings for the Journal articles and I dearly miss it.

So if any of happen to have the program on your computer I would be very appreciative if you could send my a copy. *Thanks, Brian ΩΩΩ*

LOVE OR ATTACK

According to A Course in Miracles there a two ways in which we communicate with those around us. One is with love and the other is by attack. This may seem strange and hard to accept for we have no recollection of ever 'attacking' anyone not only physically but by way of speech. The difficulty here is in understanding what 'attack' means in the ACIM statement. Perhaps instead of love and attack we could say that we either speak in a positive (loving), or in a negative (attacking), manner or perhaps that we could state that we either speak from the heart (with love) or from the ego (which often attacks).

ACIM also refers to communicating as 'joining' whereas when we attack someone we are separating ourselves from him or her. When we speak with anger in our voices, when we 'tell someone off', when we call someone a 'liar', a 'cheat', when we raise our voices, when we speak in a provocative manner, we are attacking that person. This attack comes from our egos, that image which we have created of ourselves which we consider must be protected, justified, honoured, respected.

We, being humans, with all the frailties that go with it, are not always aware of our behaviour when we communicate with others. Everyone has pet 'hates'. Things that particularly annoy us and we also have sensitive areas, usually around certain things or beliefs that are dear to us to a point where we are affronted when these are threatened in any way. When this happens we tend to attack the source of the annoyance or perceived threat.

One common source of considerable annoyance is when what we are doing is interrupted by the telephone ringing only to find that the caller is a telemarketer. The usual response, after our blood pressure has risen a notch or two, is by attack, either cutting off the caller by hanging up or saying some less than kind words. Some time ago while I was staying in Australia with my son, Keith, (who is also a devoted follower of the Cayce readings) I witnessed his reaction to such a call. After answering the call Keith recognised the Indian accent of the caller so asked him where he was calling from. The caller replied that he was ringing from Mumbai, after which Keith asked what the weather was like there as he said that it was wet and cold in Adelaide. The two then proceeded to have a friendly conversation on a number of topics which must have lasted about ten minutes and it ended on a cordial note with the caller never getting around to delivering his sales pitch. Here the response to the call is with what ACIM would call love as Keith was aware of the fact that the caller was only trying to earn a living and respected him as a fellow human being, with the result that both parties felt better as a result of the call.

Possibly the greatest example of one who never attacked anyone was Jesus of Nazareth, because he showed unconditional love to all he came in contact with. He was therefore incapable of attacking anyone, even those who were about to cause his death. This is why it difficult to believe the narrative in the New Testament, such as in 2 John, where it is stated that Jesus attacked money changers in a temple. "He made a whip of cords, and threw all out of the temple, both the sheep and the oxen; and he poured out the changers' money, and overthrew their tables. To those who sold the doves, he said, 'Take these things out of here! Don't make my Father's house a marketplace!'" Firstly it was completely against his nature to act like that and secondly he did not regard a building as a place where God resided but a "God that made the world and all things therein, seeing that He is Lord of heaven and earth, Who does not dwell in temples made with hands." ~Acts 17:24.

In our Search for God journey there are three elements that are required to guide us along the way. These elements are knowledge, awareness and understanding. It is the knowledge that we acquire about ourselves and our relationship to God and our fellow travellers that makes us aware of our errors in thought and judgements. This knowledge and awareness allows us to correct our errors and overcome our shortcomings and to gain understanding so that we can communicate with others with love rather than attack.

FROM A COURSE IN MIRACLES

"If you attack error in another, you will hurt yourself. You cannot know your brother when you attack him."

"Attack is always physical. When attack in any form enters your mind you are equating yourself with a body, since this is the ego's interpretation of the body. You do not have to attack physically to accept this interpretation. You are accepting it simply by the belief that attack can get you something you want. If you

did not believe this, the idea of attack would have no appeal for you. When you equate yourself with a body you will always experience depression. When a child of God thinks of himself in this way he is belittling himself, and seeing his brothers as similarly belittled. Since he can find himself only in them, he has cut himself off from salvation.”

“To communicate is to join and to attack is to separate. How can you do both simultaneously with the same thing and not suffer? Perception of the body can be unified only by one purpose. This releases the mind from the temptation to see the body in many lights, and gives it over entirely to the One Light in which it can be really understood. To confuse a learning device with a curriculum goal is a fundamental confusion that blocks the understanding of both. Learning must lead beyond the body to the re-establishment of the power of the mind in it. This can be accomplished only if the mind extends to other minds, and does not arrest itself in its extension.” BDA ΩΩΩ

MIS-GUIDED BELIEFS

As children, we called it “make believe.” People encouraged us to be imaginative and creative, to fantasize and enjoy life. Then, as we became older, the guidance began to change. Grow up! Be realistic! We were told to throw away our silly ideas and were instructed on what we were to believe. We were told that, based on the beliefs we were taught, we were to draw conclusions, and decide what is good and bad, right and wrong. After that all our behaviour followed from the beliefs we had created in our minds.

As we neared adulthood our parents, priests, teachers, corporate executives and politicians competed with each other to teach us or sell us beliefs so that they could influence our feelings and behaviour. They knew, and we soon learnt, that winning the games of power, both personal and political, depended on what we chose to believe. Every single one of us, whether they are home-makers, army generals, secretaries, physicians, truck drivers, lawyers, journalists, checkout operators, or those on the dole, have this in common: we operate from our beliefs. What political party we support, what religion we adhere to, what purchases we make, where we live, whom we marry, even what clothes we wear all result from our beliefs.

A rather inventive and sophisticated example of belief peddling designed to influence our politicians in decision making that will affect our very lives can be seen in the ever increasing influence of lobbyist and PR firms. For example the military industrial complex (MIC) skilfully used lobbyists in seeking favourable public opinion in order to encourage government's funding for its products and services. One strategy is to instil fear in the populace by telling us we live in a dangerous world where there are multitudes of people in other countries who want to take what belongs to us or hurt or kill us so we must defend ourselves, perhaps by 'pre-emptive strikes' against these perceived enemies. We should then willingly pay taxes to support this MIC in manufacturing weaponry and paying for military personnel as we engage in, seemingly never ending, warfare.

Of all the fanciful images that military belief-makers have tried to create, none seems more paradoxical and intriguing than the phrase used to describe peace. In their obvious effort to sell military vigilance, they refer to peace among nations as

“permanent pre-hostility.”

These propagandists (as all of us are for what we believe) try to harness our preferences and prejudices to their interests by employing a marketing strategy still in it's infancy.

We can understand immediately the power of beliefs in the political arena and the marketplace, yet we do not readily apply that same clarity to ourselves. We function much like absorbing sponges, acquiring beliefs uncritically at a dizzying pace in order to take care of ourselves in the best way possible. The onslaught of beliefs has become so steady in our culture that often we ingest beliefs and repeat them to others without question or review. “This is the best country in the world.”

To question beliefs like the one's listed above does not necessarily mean they are erroneous or invalid. However, inquiry opens the door to understanding more fully why we believe what we do and whether or not we want to continue believing it. Do the beliefs we hold serve us and empower us? Or do they lead us to feel impotent? Do they lead to happiness or unhappiness? *BDA ΩΩΩ*

THOU SHALT NOT KILL

If we are to believe that the Bible is in fact the infallible words from God literally true then we are to throw away any sense of logic and ignore the obvious contradictions throughout the Bible text. The sixth of the Ten Commandments is unambiguous: “Thou shalt not kill.” Then if we turn over a few pages of the Bible we find a list of actions committed by people where, on God's instructions, we are to kill them!

The following are a list of some offences where God requires the death penalty:

- Murder
- Adultery
- Bestiality
- Rape
- Sodomy
- Working on the Sabbath: (One man picked up sticks on the Sabbath, he was taken into custody because a punishment was not known. God told Moses that the man in custody must be killed)
- A woman who is found not to have been a virgin on the night of her wedding
- Worshipping other gods
- Witchcraft
- Taking the Lord's name in vain or cursing his name
- Cursing a parent
- Kidnapping • Disobeying a parent

It is interesting to read what some Christian apologists have to say about obvious contradictions and inconsistencies in the Bible. For example one made this statement “I would say that the New Testament 'modifies' the teaching which we find in texts such as Leviticus chapter 20.” Note that the apologist used the word 'teachings' which one can accept or reject rather than instructions which are to be obeyed.

What apologists will *never* do is admit that certain passages in the Bible may be wrong, untrue or incorrect.

When it comes to the infallibility of the Bible or other sacred texts we are to realise that it is not the text that is the problem but how the leaders of religions interpret these texts and in turn how we interpret the teachers

I am sure most of our readers would never go to the extreme of killing anyone, even, in a fit of anger we may say “I wish he (or she) was dead!” Furthermore we can rarely get anyone to kill another person simply by telling them to do so. People would have to have a very good reasons to take such an extreme and irreversible action. They would have to *believe* that the killing was justified and therefore it would be OK to carry out the act in one form or another. So if we want someone to kill another the way to do this is to give that person a *belief* that supports that action. One such belief might be that killing the person is, for some purpose or other, it is what God wants us to do, so in carry out the act, no matter how difficult it may be, we will would have the consolation that we are carrying out God's will – and will be rewarded by God for doing it.

If, then, if we believe the Bible is the Word of God, we can justly kill anyone once we believe in the reasons, and of course, as Christians, in doing so we are quietly ignoring the Sixth Commandment. People in power know how to motivate people. They know that to get people to take up arms and go to the other side of the world to kill people they have never met or have never personally harmed them these leaders must get follows to *believe*. BDA ΩΩΩ

BELIEFS AND BEHAVIOUR

“For those who believe, no proof is necessary. For those who don't believe, no proof is possible.” — Stuart Chase

Contrary to what some sources claim, it is not our logical reasoning and emotions that determine our behaviour but what we believe that results in the way we view our own life and how we behave.

Where do our beliefs originate? From the day we were born we have been programmed to believe other people's beliefs. The biggest example of this is religion. Most of us were programmed from the moment we could talk that the God they believed in created the world, our parents told us this, the Church told us this. Every good person believed in our God and it was blasphemous to believe otherwise.

As we grew older we began to question some of these beliefs and for many there has been a conflict between what we have been taught and what our minds began to tell us as to what was true. Sometimes when we have discussed our lack of understanding with elders we have been told that belief is a matter of faith.

In some cases, a belief starts out much like a theory. Assumptions are made based on logical observations and deductions. In other cases, a new belief grows out of an emotional viewpoint that seems to be supported by logic. It's the blending of these two major components that form the basic structure of our personal beliefs. Through the window of these beliefs, we try to make sense out of the things going on around us. We also use them to form assumptions about probable future results.

Once established, beliefs are accepted as fact and are rarely subject to scrutiny. They become our “personal operating system.” Much like the operating system on your computer, our beliefs control how we sort and file every bit of input data. Everything we see, experience, think and feel is adjusted to fit with our beliefs. In other words, our version of reality is a creation of our beliefs. Our personal operating

system disassembles and reassembles all input data to conform to what we believe.

Many of our beliefs were established in childhood and have outlived their usefulness. Others are leftovers from situations and circumstances that are no longer relevant. Why is this important? Well, imagine trying to run your current software on an ancient version of windows, or some other obsolete operating system. The results would not be very satisfying. The same could be said of obsolete belief systems that are still influencing how we evaluate everything in our lives.

As we learn and grow, many of our former beliefs will no longer serve us. They have outlived their usefulness. So we may ask ourselves the question: "When was the last time I updated my beliefs?" A rather strange question because I believe what I believe because what I believe is true! But is it?

To question someone's beliefs can cause a hostile reaction. "How dare you question what I know is true or not." This is particularly the case with a person at your door with a Bible under their arm. Ask them how they know what they are saying is true the answer will be "Its in the Book!" To question the validity of the material would be questioning the very foundations of their truths.

It is much the same with politics. People have right or left wing beliefs because they were born with genetic disposal to them. Some may say that people are right wing because they are rich but one may find in many cases it is the other way round – people are rich because they are right wing. My sister's children were both brought up in comparative poverty, now one is wealthy and another is living on a government benefit. No need to guess their political leanings.

The question is: Are we prepared to examine and test our beliefs?
Here is what Colin Wright has to say:

"It's a question many people never ask themselves because, frankly, it's far easier and more comfortable not to. The idea that we could be acting on faulty information, and maybe have done so for years, is a difficult pill to swallow. Even more difficult is the mind-bending process required to test what we think we know in order to gradually establish new, improved beliefs.

"The first step is to acknowledge that you may believe things that are untrue. It's not an exaggeration to say that most people never make it past this step. Take a look around and note how many of your friends and family and co-workers still cleave to ideas about the world, about life, about themselves, which they learned or developed as children. From there, recognize that you may have ideas that are similarly incorrect or incomplete, and that there's no easy way to tell whether your 'big picture' is missing something significant. The same applies to everyone.

"The next step is to separate yourself from your ideas. Part of why we cling to outdated notions is that they're ours, and that they belong to us; are one with us. We can't picture a world in which these potentially incorrect things are incorrect. It would be like growing up believing your cool uncle is a wonderful guy only to find out later in life that he's a serial killer. Even with an abundance of evidence, this would be a troublesome mental leap to make because he's your cool uncle; that's your jumping-off point for all other data you assess on the subject.

"To extract yourself from a given belief, recognize that it's just one among many possibilities. Then take a deep breath and prepare yourself to rebound if your belief turns out to be incorrect or is brought into serious question. Because on that day, at the moment when you find out that some treasured way of seeing the world is

not supported by fact — or is no longer supported by fact, as is often the case — it'll suck. And you'll feel like an ass. And you'll hate all the people who stumbled across this information before you did, because they might think they're smarter than you, and they're not.

“Then exhale. It's all good. You can be smart and not know everything, and you can know a lot and still operate under the influence of flawed facts. In order to determine what's factual and what's wishful thinking, it's best to derive information from multiple sources, and avoid heavily biased ones when possible (though it's arguably impossible to remove all bias from the process). In general, everyone has reasons to want you to believe one thing over another, and you'll need to identify sources of information that are supported by solid science, maths, and mountains of historical evidence, rather than stern beliefs, gut feelings, emotional enthusiasm, or the like. Because while the latter is based on a biased point of view, the former is testable and changes as new data becomes available. That's the information you'll want to use when calibrating your beliefs.

“You can, of course, believe whatever you want after going through this process. Just understand that there's a difference between beliefs built atop a foundation of factual evidence, and those perched astride junk information that's popular because it's shouted louder than other ideas or has the support of the majority.

“There's never a bad time to reconsider what you know to be true. No belief should be safe from your investigation, and all should be regularly revisited. Consider conducting a regular internal review, to check and see if you've learned anything recently that might be in opposition to a belief you've held so long that it's become personal dogma.

“Ideas about money, conspiracy theories, philosophies, spiritual beliefs, how society should operate, your own talents and skills and self-worth, are all worth revisiting from time-to-time. Only by establishing a habit of checking your own ideas can you be certain that at any given moment you're making decisions based on the most up-to-date set of personal beliefs available.” - An excerpt from the book 'Considerations' by Colin Wright. *BDA ΩΩΩ*

ACCEPTING CHANGE

A few years ago, while I was chairman of our local community Citizens Advice Bureau our board was endeavouring to amalgamate the five separate bureaux in our city into one incorporated society. As each bureau had their own constitutions they all would have to agree to winding up their individual bureaux and become part of the combined organisation. There was much opposition to this move and many debates and meetings took place before the merger was achieved. What I observed from this was that the people involved were simply averse to any change which appears to be part of our nature – change suggests insecurity which brought about the origin of the phrase “better the devil you know than the devil you don't”. This suggests that it is better to deal with something you are familiar with and know, even if it is not ideal, than take a risk with an unknown.

It is said that older people in particular have this difficulty in dealing with change. It is not that 'you can't teach old dogs new tricks', its just that we do not want to learn them.

The problem is change is a part of life. Nothing in life stays the same. One only has to look in the mirror to confirm this! Not only do we change over time, as does the world around us but also our values, moral standards and beliefs. We *have* to change ideas and beliefs, or we would never grow. Changing is a product of evolution. So we are not to be so stuck in your present beliefs and customs that we attempt to halt the process of evolution itself. We could not do that even if we want to, for life goes on, with or without us. Nothing stays the same, nor can anything remain unchanged. To be unchanged is to not move. And to not move is to die.

CONVERSATIONS WITH GOD BOOK 3

All of life is motion. Even rocks are filled with motion. Everything moves. *Everything*. There is nothing that is not in motion. Therefore, by the very fact of motion, nothing is the same from one moment to the next. Nothing. Remaining the same, or seeking to, moves against the laws of life. This is foolish, because in this struggle, life will always win.

So change! Yes, change! Change your ideas of "right" and "wrong." Change your notions of this and that. Change your structures, your constructions, your models, your theories. Allow your deepest truths to be altered. Alter them yourself, for goodness' sake. I mean that quite literally. Alter them yourself, for *goodness' sake*. Because your new idea of Who You Are is where the growth is. Your new idea of What Is So is where evolution accelerates. Your new idea of the Who, What, Where, When, How, and Why of it is where the mystery gets solved, the plot unravels, the story ends. Then you can begin a new story, and a grander one.

Your new idea about *all of it* is where the excitement is, where the creation is, where God-in-you is made manifest and becomes fully realized.

No matter how "good" you think things have been, they can be better. No matter how wonderful you think your theologies, your ideologies, your cosmologies, they can be full of even more wonder. For there are "more things in heaven and earth than are dreamt of in your philosophy."

Be open, therefore. Be OPEN. Don't close off the possibility of new truth because you have been comfortable with an old one. Life begins at the end of your comfort zone. Yet be not quick to judge another. Rather, seek to avoid judgment, for another person's "wrongs" were your "rights" of yestermorn; another person's mistakes are your own past actions, now corrected; another person's choices and decisions are as "hurtful" and "harmful," as "selfish" and "unforgivable," as many of your own have been. It is when you "just can't imagine" how another person could "do such a thing" that you have forgotten where you came from, and where both you and the other person are going.

And to those of you who think yourselves to be the evil ones, who think yourselves to be unworthy and irredeemable, I tell you this: There is not a one among you who is lost forever, nor will there ever be. For you are all, *all*, in the process of becoming. You are all, *all*, moving through the experience of evolution. *BDA ΩΩΩ*

DRUG LAWS

There's a common expression that defines insanity as "doing the same thing over and over and expecting different results." An example of this type of insanity is our attitude to getting people to behave how we want them to. We seem to believe that if we consider a certain behaviour to be bad all we have to do is make a law

banning the behaviour and the problem will disappear. Laws banning murder, rape, robbery, assaulting others, to name just a very few actions, have been in place ever since we can remember but none of these crimes have disappeared from our society, and in some cases they are on the increase, despite heavy penalties imposed on offenders.

An example of such a law in the U.S. was the nationwide constitutional ban on the sale, production, importation, and transportation of alcoholic beverages. The object of the law was to stop people drinking alcohol because of the harm that it caused. Supporters of prohibition expected that sales of consumer goods such as clothing and household goods would rise as moneys were diverted from alcohol sales. Real estate developers and landlords expected rents to rise as saloons closed and neighbourhoods improved. Sales of non-alcoholic beverages were expected to grow and help those industries. Cinemas and theatres expected new crowds as Americans looked for new ways to entertain themselves without alcohol. Yet none of these expectations came to pass.

In many cases the results were *the opposite* of what was expected. The unintended consequences proved to be a decline in amusement and entertainment industries across the board. Restaurants failed, as they could no longer make a profit without legal liquor sales. Theatre revenues declined rather than increased, and few of the other economic benefits that had been predicted came to pass. The closing of breweries, distilleries and saloons led to the elimination of thousands of jobs, and thousands more jobs were eliminated for businesses supporting the alcohol industry.

Moreover, the most profound effects of Prohibition was the loss of government tax revenues. Before Prohibition, many U.S. states relied heavily on excise taxes in liquor sales to fund their budgets. Not only was the tax loss calamitous for state and federal governments but also money had to be diverted to *enforce* the Prohibition.

The trade in illegal, unregulated alcohol had serious consequences for public health. On average, one thousand Americans died each year during the Prohibition from the effects of drinking tainted liquor. Another, disastrous consequence of Prohibition was the diversion of vast amounts of money into the hands of criminals. The effects of Prohibition on law enforcement were also negative. Bribery of police, and government officials became common. As the decade of Prohibition progressed, court rooms and jails overflowed, and the legal system failed to keep up. As the backlog of cases increased, the judicial system introduced a system of 'plea bargain' to clear hundreds of cases at a time. This is an agreement between the prosecutor and defendant whereby the defendant agrees to plead guilty to a particular charge in return for some a lesser fine or sentence, making it common practice in American jurisprudence ever since.

The greatest unintended consequence of Prohibition however, was the plainest to see. For over a decade, the law that was meant to foster temperance instead *fostered intemperance and excess*. The solution the United States had devised to address the problem of alcohol abuse had instead made the problem even worse - more people were drinking, and people were drinking more.

To anyone who has studied the consequences of this experiment in making the sale of alcoholic beverages illegal the conclusion is clear. What appear to be simple solutions to social problems may end up worse than the problems they set out to solve. Simply passing laws banning alcohol did not work.

One would believe that we have learnt from past mistakes but apparently we have not. Some 50 years after prohibition laws were repealed we have done the same thing again, except that this time it was not harmful alcohol consumption that was outlawed but harmful drugs consumption. And once again the lawmakers came up with the simple solution – ban them and drug problems will disappear.

What we see now is a replica of the prohibition days. That is, rather than reducing the ingestion of illegal drugs it is a fact that over the past few decades the consumption of illegal drugs has ballooned. Researchers estimate the current value of world trade in illegal drugs is \$360 billion, all of which ends up in the hands of criminals. Not only are governments losing tax revenues but vast amounts of money has been devoted to enforcing these anti-drug laws, not to mention the enormous cost of keeping offenders locked up.

“The United States leads the world in the number of people incarcerated in federal and state correctional facilities. There are currently more than 2 million people in American prisons or jails. Approximately one-quarter (500,000) of those people held in U.S. prisons or jails have been convicted of a drug offence.”

When will we learn? One could argue that if anti-drug laws were repealed there would be a massive upsurge in their use but it has been found that is not the case. Forbes magazine reports: Drug warriors often contend that drug use would skyrocket if we were to legalize or decriminalize drugs in the United States. Fortunately, we have a real-world example of the actual effects of ending the violent, expensive War on Drugs and replacing it with a system of treatment for problem users and addicts. Ten years ago, Portugal decriminalized **all** drugs. One decade after this unprecedented experiment, drug abuse is down by half: Health experts in Portugal said Friday that Portugal’s decision 10 years ago to decriminalise drug use and treat addicts rather than punishing them is an experiment that has worked.

“There is no doubt that the phenomenon of addiction is in decline in Portugal,” said Joao Goulao, President of the Institute of Drugs and Drugs Addiction, at a press conference to mark the 10th anniversary of the law. The number of addicts considered “problematic” – those who repeatedly use “hard” drugs and intravenous users – had fallen by half since the early 1990s, when the figure was estimated at around 100,000 people, Goulao said.

Other factors had also played their part however, Goulao, a medical doctor added. “This development can not only be attributed to decriminalisation but to a confluence of treatment and risk reduction policies.”

Time to get our politicians to wake up and help to save peoples lives by repealing drug laws in the same way as prohibition laws were repealed. Then perhaps resources can be diverted to lessening the results of uncontrolled alcohol and banned drug sales. - BDA ΩΩΩ

WORDS OF WISDOM FROM CONVERSATIONS WITH GOD

DO UNTO OTHERS . . .

Bring your awareness to others; Not by proselytizing, but by example. Be the source of the love which I Am in the lives of all others. For that which you give to others, you give to yourself. Because there is only One of Us. This is the great secret. This is the sacred wisdom. *Do unto others as you would have it done unto you.* All of your problems, all of your conflicts, all of your difficulties in creating a life on your

planet of peace and joy are based in your failure to understand this simple instruction, and to follow it.

GIVING AND GETTING

There is no need to worry about what you are going to "get back." There is only a need to worry about what you are going to "give out." Life is about creating the highest quality giving not the highest quality getting.

You keep forgetting. But life is not "for getting." Life is "for giving" and in order to do that, you need to be forgiving to others—especially those who did not give you what you thought you were going to get! This switch will entail a complete shift of your cultural story. Today, what you call "success" in your culture is measured largely by how much you "get," by how much honour and money and power and possessions you amass. In the New Culture "success" will be measured by how much you cause others to amass.

YOU ARE THE LIGHT OF THE WORLD

Everything that occurs—everything that has occurred, is occurring, and ever will occur—is the outward physical manifestation of your innermost thoughts, choices, ideas, and determinations regarding Who You Are and Who You Choose to Be. Condemn not, therefore, those aspects of life with which you disagree. Seek instead to change them, and the conditions that made them possible.

Behold the darkness, yet curse it not. Rather, be a light unto the darkness, and so transform it. Let your light so shine before men, that those who stand in the darkness will be illumined by the light of your being, and all of you will see, at last, Who You Really Are.

Be a Bringer of the Light. For your light can do more than illuminate your own path. Your light can be the light which truly lights the world.

Shine on, then, O Illuminati! Shine on! That the moment of your greatest darkness may yet become your grandest gift. And even as you are gifted, so, too, will you gift others, giving to them the unspeakable treasure: Themselves.

Let this be your task, let this be your greatest joy: to give people back to themselves. Even in their darkest hour. Especially in that hour. The world waits for you. Heal it. Now. In the place where you are. There is much you can do.

For My sheep are lost and must now be found. Be ye, therefore, as good shepherds, and lead them back to Me.

GOD'S LOVE IS UNCONDITIONAL

You cannot stand the thought of a God who loves no one in a way which is more special than any other, and so you create fictions about a God who only loves certain people for certain reasons. And you call these fictions Religions. I call them blasphemies. For any thought that God loves one more than another is false—and any ritual which asks you to make the same statement is not a sacrament, but a sacrilege.

OUR STRANGE LOGIC ON THE MORALITY OF KILLING

You say it is okay to kill somebody *against* their will so long as you have a good and sufficient *reason* for wanting them dead, as in war, for instance, or an execution - or a doctor in the parking lot of an abortion clinic. Yet if the other person feels *they* have a good and sufficient reason for wanting *themselves* dead, you may not help them die. That would be "assisted suicide," and that would be wrong!

You are saying that I would *condone* your killing someone *against* his will,

and that I would *condemn* your killing someone in *accordance* with his will. This is insane. Still, you not only fail to see the insanity, you actually claim that those who *point out the insanity* are the ones who are crazy - *you* are the ones who have your head on straight, and they are just troublemakers!

TOWARDS PEACE

Peaceful is not something you do. Peaceful is something you are. ΩΩΩ

LETTERS TO THE EDITOR

Brian,

Thanks for the Rainbow Journal, but, so that it is easier for you to type and me to read on my laptop screen, when are you going to publish it in one column instead of two?

As for the second coming of Jesus, it has already happened.

In 1866 Isaiah awoke Rogue Rojas a Mexican and asked him to gather 12 people. Isaiah spoke the 'inner word' through various spokesmen, then Jesus took over giving hundreds of lessons and the Third Testament. These lessons continued for eighty four years until 1950. Jesus proclaimed the Third Era during which old traditions and ceremonies would be done away with and mankind would speak directly spirit to Spirit with Him.

Basically it all boils down to 'love God above all and your fellow man as yourself,' You quoted it better in your journal.

It is all on the website 144,000.net

Ron

Hi Ron,

Thanks for your email.

Concerning the Rainbow Journal format some people have expressed their preference for two columns while others, especially those using tablets with small screens prefer a single column. The solution is to produce it in both, which is not a big problem. So with the next issue I will ask readers which version they prefer. In the meantime I have attached a copy of the January issue in single column format to see if it suits your laptop.

Concerning the second coming and Rogue Rojas, I had not come across that name before so will do some research. What I find interesting was the year 1866 which is about the time of the beginning of the Age of Aquarius (although opinions differ over this) as each astrological age is approximately 2000 years with the previous one being the Piscean age with the sign of the fish which early Christianity adopted. Since then there have been a number of modern day prophets, of which Edgar Cayce was very prominent, many predicting this new Age, lasting a thousand years, when man turns from materialism and outmoded religious dogma to spirituality. -Editor

Thanks for the Journal

Interesting article in the January issue on reincarnation. Not only has science rejected reincarnation because of the lack of physical evidence, but also the Church which is supposed to support the spiritual side of us.

From the very earliest days of the Church it rejected reincarnation because it conflicted with its doctrines concerning its belief in God as a Punisher of those who

disobeyed Him and would send sinner into everlasting hell if they did not do as the Church told them to. There was no second chance, unless of course one confessed there sins to Church leaders. As you wrote earlier the Church is founded on a God to be feared and obeyed – or else!

Keep up the good work,
Bruce Cooper

The statement “Nothing matters” as quoted in your January issue, by itself, does not make sense, because if it is true then there is no meaning in life. The point is that we dwell on things that do not matter and forget about the most important ones. As the prayer used by Alcohol Anonymous puts it: “O God, give us the serenity to accept what cannot be changed, the courage to change what can be changed, and the wisdom to know the one from the other.”

James R. ΩΩΩ

HUMOUR

American killing themselves:

Following the debate in the US over gun control there was an article in the Daily Telegraph which reported that the US gun murder rate of “3.55 deaths per capita is a staggering high figure.” It certainly is! In no time the population of the US will be annihilated! ΩΩΩ

CHRIST IN YOU

PART II SIXTH LESSON

The True Selfishness

Be of good courage, for all is well. God dwells in you and this is the chief eternal truth.

I know you are progressing because already you can command right thoughts and dismiss inharmonious ones. Results will follow, and now you will learn discrimination. It is not given to all to be able to judge others, but content yourself, when tempted to judge, with praying for them, and as you evolve, your prayers will be fraught with healing, because you are learning to pray correctly. Be of good courage. Evil is friendly and has a beneficent purpose. Man becomes godlike because he rises through and out of evil, just as the plants emerge from the soil. Every good is closely imitated in the dream world, and one of the imitations is called selfishness. This is a divine instinct and you cannot and should not uproot it, but learn always that these delusions of sense have behind them a truth of God. Let us discover the true and holy selfishness.

Man’s first instinct is self- interest, self-protection. Even in spiritual things you are constantly seeking to acquire for yourself. You require healing of the body, a rich mind, a true life. This is a God given instinct, and you are to get, but learn that to get is to give. The true law of giving is to benefit all, and thus you bring good to your Self; which, remember, is the great and only Self.

Let us begin by a simple explanation. I use the language of earth that you may understand. For you know already that material things have no real existence, that your thought of them is their only reality. Do you desire health of body? Let us teach you how to obtain it, the true way. You begin at once to send out healing currents to

someone in a lower condition than yourself, and immediately you have made a pathway by which your own shall come to you. Your first thought, I see, is how can I heal when sick myself? The first time you try it, you will understand that the very effort of faith required is the beginning of your own healing, and the larger love going out to others doubles your own joy in the long run.

True getting is always by way of sacrifice (giving). This is a simple thing to know, but is the key to all healing, of mind, body, or estate; for all you have truly given you will receive double, but you do not render to the Lord that which costs you nothing. In the sight of God, no gift has been blessed to your own soul unless you have willingly given from your heart and blessed the gift by your love. You may have wealth untold, though unmanifest to mortal eye.

A good practice every day is to bless and heal everyone in the house. Begin at once, knowing only the great Self, remembering the need of all in the house. Your own Lord will reveal each need; be resolute, be positive and above all, full of hope and love. If the unseen become visible at such times, include them; only sent out, give, give, give. I tell you this is your real getting, your real healing.

The spirit reveals to you more and more. Do you not see that I am helping you to one of your richest possessions; that you may become a centre of healing; spirit, the pure flame, burning up the dross; the souls, the link, holding all the physical powers; and the body, showing the beauty of the Lord, the true beauty of Holiness. Again I ask that you put these lessons into practice. **ΩΩΩ**

OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ

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