



The Rainbow Journal

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Contents

| | |
|---|----|
| FROM THE EDITOR | 2 |
| CLIMATE CHANGE | 2 |
| POWER AND STRENGTH | 3 |
| TRUTH AND FREEDOM | 4 |
| UNDERSTANDING THE LORD'S PRAYER | 6 |
| Q + A | 8 |
| HEALTH – TIME TO TALK ABOUT REAL FOOD | 9 |
| LAUGHTER – THE BEST MEDICINE | 10 |
| FROM HERE AND THERE | 11 |
| A SEARCH FOR GOD – IN HIS PRESENCE | 12 |
| CHRIST IN YOU - OMNIPRESENCE | 13 |
| OUR CLOSING THOUGHT | 14 |

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FROM THE EDITOR

Welcome to the 82nd issue of the Rainbow Journal. Articles in this issue have not been written with the upcoming Christian event of Easter in just a few days in mid. This is the celebration of the

crowning event in the experience of Jesus on earth when he arose from the dead to prove to everyone that we are all more than just flesh and blood. - *BDA ΩΩΩ*

CLIMATE CHANGE

The possibility that the climate of the earth would change through the amount of CO₂ in the atmosphere was first suspected well over a century ago by the Swedish physical chemist Svante Arrhenius, in his pioneering 1896 study. However this theory was not taken seriously until nearly a century later after scientists reported that 1971 was the warmest year on record. At the time the cause of the heating up of our climate was however hotly debated. Calls were made for regulations to control the main cause, which were countered in 1989 by some of the biggest corporations in the petroleum, automotive, and other industries who created the 'Global Climate Coalition', with the mission to disparage every call for action against global warming. Since then the evidence of global warming has become irrefutable and the culprit has been found guilty - the building up of carbon dioxide in our atmosphere through the burning of fossil fuels. According to a recent report the actual global emissions increased by 1.4% in 2014 over 2013, reaching a total of *34.5 billion tonnes* in 2014 and it is still increasing each year.

One would imagine that the overall increase in the earth's atmosphere by a few degrees would not be catastrophic but, as scientist foretold, as the delicate balance between the temperatures of our air, land and sea go haywire there would be increasingly extremes in temperatures, severe storms, hurricanes, deluges and droughts. There would also be a rise in sea levels which, within the next two or three decades will invade our coastlines.

Early predictions of the results of the heating up of our atmosphere are now coming into reality. According to a report in the U.K. Guardian newspaper, based on a comprehensive study of the human impact of global warming. climate change is already responsible for 300,000 deaths a year and is affecting 300 million people. It projects that increasingly severe heatwaves, floods, storms and forest fires will be responsible for as many as 500,000 deaths a year by 2030, making it the greatest humanitarian challenge the world faces. Economic losses due to climate change today amount to more than \$125bn a year — more than all the present world aid.

In recent years there have been meetings of international leaders in an attempt to take action against climate change but the will to take the action needed is not there and the reason is simple - short-term self interest. A number of countries are dependent on oil exports as their primary source of revenue so it would be against their economic interests to promote alternative sources of clean energy. An example of how dependent some countries are on oil is in the current situation in Russia following the downturn in oil prices. Because 70 percent of Russia's export and 50 percent of federal government revenue has been from oil this downturn has resulted in a 50 percent decline in the value of the Ruble and the Russian economy taking a nosedive. Image what would happen in Russia and other countries relying on oil for revenue if the world no longer used it.

Not only do the leaders of many countries dependent on oil revenues not have the will to change but also the average citizen. We rely on energy, mostly derived from burning fossil fuels, to run our cars, cook our food and light up our cities. We may ask ourselves: What are we prepared to sacrifice in order to save our world?

When considering the current crisis one is reminded of the Bible story of the ten plagues of Egypt which Israel's God inflicted upon Egypt to persuade the Pharaoh to release the ill-treated Israelites from slavery. In those days the Israelites were the main source of labour, which we may now equate to oil as our energy source. The early plagues were designed to persuade Egypt's Pharaoh to relent but he remained stubborn with the result that the plagues gradually got worse until the final, devastating, plague which is said to have caused the death of one quarter of Egypt's native population.

To date the world's leaders have not heeded warnings of the calamities to come if nothing is done to curb emissions, while year by year the effects are becoming more costly in lives and money. Torrential rains are causing landslides wiping out whole villages, hurricanes, droughts, floods and weather patterns are becoming more severe and destructive. What will it take to cause our populations to cry out "Enough!" and change our ways?

In the December 2014 edition of the Rainbow Journal there is an article titled

"Unto the 3rd and 4th Generation" based on the text of Exodus 34:7 "*Yet He does not leave the guilty unpunished; He punishes the children and their children for the sin of the parents to the third and fourth generation.*" In the article it was pointed out that these 'sins' were those of violation of our duty as parents to our children with the consequences being born by future generations. While we may just brush away the problem and say: "Well I will be dead and gone by then." However let us not forget that it will be our children and their children who will bare the full brunt of our sins of omission.

So what can we do as individuals to help solve this crisis? Firstly we are to study our own energy use and find ways of relying less on energy produced from fossil fuels. This may be by way of installing solar water heaters or solar energy panels on our houses, buy an energy efficient car or making more use of public transport. We should be lobbying our government representatives and when it comes to voting time we can choose to place our vote with the party that offers us short term benefits or the party that is serious about addressing climate change and will take action accordingly.

Believe it - we can change the world!
BDA ΩΩΩ

POWER AND STRENGTH

Both men and women are damned to repeat their own mistakes in an endless cycle of self-inflicted misery until one side or the other gets that life is not about power, but about strength. And until both see that it's not about separation, but unity. For it is in the *unity* that *inner strength* exists, and in the separation that it dissipates, leaving one feeling weak, and powerless—and hence, struggling for

power.

I tell you this: Heal the rift between you, end the illusion of separation, and you shall be delivered back to the source of your inner strength. That is where you will find true power. The power to *do* anything. The power to *be* anything. The power to have anything. For the power to create is derived from the inner strength that is produced through unity. This is

true of the relationship between you and your God—just as it is remarkably true of the relationship between you and your fellow humans. Stop thinking of yourself as separate, and all the true power that comes from the inner strength of unity is yours—as a worldwide society, and as an individual part of that whole—to wield as you wish.

Yet remember this: Power comes from inner strength. Inner strength does not come from raw power. In this, most of the world has it backwards. Power without inner strength is an illusion. Inner strength without unity is a lie. A lie that has not served the race, but that has nevertheless deeply embedded itself into your race consciousness. For you think that inner strength comes from *individuality* and from *separateness*, and that is simply not so. Separation from God and from each other is the cause of all your dysfunction and suffering. Stilt, separation continues to masquerade as strength, and your politics, your economics, and even your religions have perpetuated the lie.

This lie is the genesis of all wars and all the class struggles that lead to war; of all animosity between races and genders, and all the power struggles that lead to animosity; of all personal trials and tribulations, and all the internal struggles that lead to tribulations. Still, you cling to the lie tenaciously, no matter where you've seen it lead you—even as it has led you to your own destruction. Now I tell you this: Know the truth, and the truth shall set you free. There is no separation. Not from each other, not from God, and not from anything that is. This truth I will repeat over and over. This observation I will make again and again. Act as if you were separate from nothing, and no one, and you will heal your world tomorrow.

This is *the greatest secret of all time*. It is the answer for which man has searched for millennia. It is the solution for which he has worked, the revelation for which he has prayed. Act as if you were separate from nothing, and you heal the world. Understand that it is about power with, not power over. ΩΩΩ

TRUTH AND FREEDOM

Who of us does not have 'skeletons in the closet', secrets that we would not want revealed to even those closest to us? Do we mislead by omission or deliberately lie to keep our secrets?

When we look around us do we see a world where the truth is held sacred or is it a world where secrecy and deception has become the norm? Has manipulation, of the marketplace, of human and international relationships, or simply of a person through silence and secrecy really benefited us? Is “privacy” really what makes our governmental, corporate, and individual lives work?

When we begin to reflect on what is going on we must have doubts about this personal, economic and political need for secrecy. Why is it that a system of

openness and visibility is not even considered by governments, corporations and individuals alike? The reason is because such a system would make it impossible for anyone to do anything they did not want someone else to know about. One may ask why we want a system based on openness and visibility? It is because currently we live within an interactive social system based on competition with our neighbours through “taking advantage,” “getting the edge,” “making the most,” and “the survival of the so-called fittest.”

When the time comes when the chief aim and goal of our society - as it would be in a truly enlightened society - is the survival of all; the benefit, equally, of all; the providing of a good life for all,

then our need for secrecy and quiet dealings and under the table manoeuvring and hiding money, will disappear.

An enlightened society will promote honesty and visibility in all matters that may affect others - the bringing into light all that has been hidden in the darkness of secrecy. The reason why this visibility would be possible in an enlightened society is because no one in this enlightened society would be willing to get anything, or have anything, at someone else's expense.

Do we realise how much corruption, to say nothing of lesser unfairness and inequities, would be eliminated through the implementation of such a system? What would-be fraudsters, exploiters and those that put money before anything else do, and how they would fight, if they thought that every move, every purchase, every sale, every dealing, every corporate action and pricing choice and wage negotiation, every decision whatsoever could be displayed and viewed by anyone? Nothing breeds fairness faster than visibility. Visibility is simply another word for Truth. Know the Truth, and the Truth shall set us free.

Governments, corporations, people of power know this, which is why they will never allow the truth - the plain and simple truth - to be the basis of any political, social, or economic system they would devise.

In enlightened societies there will be no secrets. In those societies everyone would know what everyone else has, what everyone else earns, what everyone else pays in wages and taxes and benefits, what every other corporation charges and buys and sells and for how much and for what profit and everything. Everything would be revealed.

In personal relationships the keeping of secrets is because of the fear of

loss. It is about being afraid of what one might lose or fail to gain if the partner would know our secrets. Yet the best personal relationships, and certainly the best romantic ones, are relationships in which those involved know everything; in which there is simply no secrets. In these relationships nothing is withheld, nothing is shaded or coloured or hidden or disguised. Nothing is left out or unspoken. This is about simply being open and honest in our dealing with another. This is about simply telling the truth when we speak, and about withholding no truth when we know it should be spoken. This is about never lying, or shading, or verbally or mentally manipulating. This is about ensuring that all individuals have all the data and know everything they need to know on a subject. This is about fairness and openness - visibility.

If the truth was revealed half the world's ills would soon disappear. Half the world's worries, half the world's conflicts, half the world's anger, half the world's frustration. No doubt there would be anger and frustration at first yet when it was finally discovered just how much the average person is being played like a fiddle, used like a disposable commodity, manipulated, lied to, and downright cheated, there would be plenty of frustration and anger. But "visibility" would clean most of that up.

What would happen if everybody could see everything? For people who believe in a God, perhaps our greatest fear is meeting our Maker who will know all our secrets and things we are ashamed of that cause us to keep the knowledge of hidden from the world. Yet we know that our God is a god of love. So the good news is that there is no reason for fear, because God is not a judge and we will not be judged. He will not make us "wrong," and throw us into the everlasting fires of hell. So we should never fear the exposure of

Truth.

Of course when we look back in history, both ancient and recent we will find that the messengers of truth are usually persecuted and often killed for

delivery the Truth. So it will take bravery and courage to always be truthful but the prize is worth it, for the Truth will make us truly free. ΩΩΩ

UNDERSTANDING THE LORD'S PRAYER

For Christians the most often recited prayer would be that as given by Jesus and quoted in both the Gospels of Matthew and Luke and known as the "Lord's Prayer". Perhaps it is recited every day in our morning prayers, and we may have done so ever since we can remember. But as we recite the prayer do we really understand what we are saying? Are the words truly an expression of our feelings of what we want to say in our communication with the source of our being, or are they simply repeated words as part of a ritual?

In the King James version of the prayer the opening words are a call to our source being, with the words "Our Father." This is a title we have given our creator and perhaps the best we know. The next words are "who art in heaven." The use of the word 'art' is archaic meaning 'is', so why not simply say "who is in heaven." It is of course up to us where we envision the place 'heaven' is. In fact some people, devout Christians, still believe that heaven is a place beyond the earth where all the good Christians go to when we die. Others may be aware that Heaven is not a place to which we go, for did not Jesus say "The kingdom of heaven is within you"? In that case perhaps it would be better to pray "who is within me."?

The next phrase is "Hallowed be thy name." Hallowed is another rarely used archaic word meaning sacred or holy. Also in this phrase the word 'be' means 'treat' or 'recognise' so this phrase could now be revised to read "Let your name be holy." But knowing that God is already holy suggests that we have not yet got to

the correct meaning Jesus intended. Perhaps then for us to treat God as holy must be expressed in ourselves living in a holy manner. The catholic catechism puts it this way "Asking the father that His name be holy draws us into His plan of loving kindness for the fullness of time." So we are asking God to help *us* be holy.

"Thy Kingdom come." Many Christians believe that the coming of the kingdom refers to the 'second coming' when Jesus the Christ will return to rule over the world. Christianity has been waiting 2000 years for this and it could perhaps wait another 2000. When Jesus said "Thy kingdom come" he was referring to the Kingdom of God which he himself said is inside us, not an external physical kingdom. So when we pray for His kingdom to come it could mean that we are asking God to awaken ourselves to the presence of God within us and as a consequence His will and ours will be the same, "Thy will be done." We will express this will by our actions and behaviour on earth, so "On earth as it is in Heaven."

"Give us this day our daily bread" may be considered as a gentle reminder to God that we do get hungry and need food each day. However there is a much deeper spiritual meaning. As explained in the book *Christ in You* "Jesus took the word "bread" and gave it a holy and spiritual meaning. When we pray: "Give us this day our daily bread," we are using words of great and significant meaning – seeking the nourishment that shall sustain us in very deed. In all things we are to bring reality and truth where nothingness and limitations have made chaos and darkness."

“Lead us not into temptation” suggests that God could do so and we are asking Him not to. A loving father would not lead his children to be tempted to do something wrong. As one scholar put it, in our prayers we may ask God to help us resist temptation “Today I will stand before innumerable temptations. That’s what life is: endless choices between belief and unbelief, obedience and disobedience. But, O mighty God, forbid that I would yield. Hold me back from stepping *inside* the temptation.”

It is the same with “Deliver me from evil.” We are asking God to help us to choose right. As Edgar Cayce said “I have this day set before you good and evil – you choose who you will serve!”

FROM THE EDGAR CAYCE READINGS

(Q) Is the Lord's Prayer as recorded in the Bible correct? If not, would appreciate it as was given by the Master to the disciples.

(A) *This may be given, but rather should the seeker use that which is given - as the Lord calls on all to do. Make its purpose and its intent a portion of yourself. For, there are many misinterpretations, poor translations, but to find fault with what you have and not use it is to make excuses that you haven't used what was given. Are you on speaking terms with your Lord? If not, why not? Rather have what He would give you, than from any other source!*

Because He gave, "As you seek in my name, that you may have if you believe," then act that way. He will draw near to you if you will draw near to Him.

Let your prayer be that He will ever show you, direct you, lead you.
281-20

(Q) Does the outline of the Lord's Prayer as placed on our chart have any bearing on the opening of the centers? (Spiritual centers in our bodies)

(A) *Here is indicated the manner in*

which it was given as to the purpose for which it was given; not as an only way but as a way that would answer for those that sought to be - as others - seekers for A way, an understanding, to the relationships to the Creative Forces. It bears in relationships to this, then, the proper place. 281-29

(Q) How should the Lord's Prayer be used in this connection? (Referring to the opening of the seven spiritual centers in our bodies)

(A) *As in feeling, as it were, the flow of the meanings of each portion of same throughout the body-physical. For as there is the response to the mental representations of all of these in the mental body, it may build into the physical body in the manner as He, your Lord, your Brother, so well expressed in, "I have bread you know not of." 281-29*

(Q) You will give affirmations which may be sent to those on the daily prayer lists.

(A) *Our father who art in heaven, hallowed be thy name. Let Thy love, that has been manifested in the earth, be more and more a part of my daily life; that I may know life, health, peace and joy that are in thee and thy promises.*

Again: Our father, our god. Thou art life and help and joy and peace, and only as I manifest these in my daily life may I enjoy the whole peace of the father. Give, o father, that Peace, that joy.

Again: Our father, our god. As we believe in the promises of your son, of your saints, of your life - as manifested in me - let that life in me be perfect in thee; that the Christ may be glorified as he has promised to the earth.

Again: Father, god, maker of heaven and earth and all that is are them, I claim sonship, kinship, to You in Christ - Jesus - who gave that what we ask in his

name may be done in my body. Give, 281-35 ΩΩΩ
 father, what You see I have need of, now.

Q & A

Question: Please advise the body how best he may gain control of himself and utilize his abilities to an advantage?

Answer: Depend more upon the intuitive forces from within and not harken so much to that of outside influences but learn to listen to that still small voice from within, remembering the lesson as was given: not in the storm, the lightening, nor in any of the loud noises as are made to attract men, but rather in the still small voice from within does the impelling influence come to life in an individual that gives for that which must be the basis of human endeavour; for without the ability to constantly hold before self the ideal as is attempted to be accomplished, man becomes as one adrift, pulled hither and yon by the various calls and cries of those who would give of this world's pleasure in fame, fortune, or what not. Let these be the outcome of a life spent in listening to the divine from within, and not the purpose of the life. (239.1)

Question: How can a murdered man forgive?

Answer: The Edgar Cayce readings, so grounded in Judaism and Christianity yet so cosmic and universal, convey the deep complexity of your question. The readings say "God is law, and that law is love." (254-101) Few of us think of law as love or love as a law. These two seem opposite to one another.

Jesus told the woman at the well that God is a Spirit and that the true worshippers of God worship Him/Her in Spirit and in Truth. Later we learn that the Spirit Jesus may have been speaking of is Love, the spirit of Love. John writes: God is Love, and those who walk in love, walk in God. Love, of which forgiveness is

certainly a part, is the first requirement in Jesus's teaching at the well. Truth, which Jesus said was also required in order to be a true worshipper, may be the essence of Law.

Love (which includes forgiveness) and Truth (Law in essence) is a balancing act. Each of us must find the fulcrum that fits our individual ideal. For some, honouring the truth is more important than love. For them, recognising the truth of a matter is crucial to life and justice and becomes the ideal for their souls. For others, love is more important than truth. Telling someone something that is not quite true but lovingly good for that person is best. For these people, maintaining peace and a spirit of brotherly/sisterly love, of which forgiveness is a part, is more important than righting the wrongs, achieving restitution, and being precisely correct. I suppose that the ultimate ideal would accommodate both of these perspectives in perfect balance.

Question: Where can I find in the Bible Jesus' statement: "Ye are gods"? And what kind of karmic consequences are gays (both male & female) creating for themselves in future reincarnations?

Answer: See Psalm 82 (82:6) and the Gospel of John, chapter 10 (10:34).

There is so much more to a person than his or her sexual activity that it is probably best for us to leave the karma question between them and God. Cayce taught that karma is individual and may be resolved individually. Who but God can determine exactly what's in a person's heart? Also, if we are going to take an Old Testament directive and apply it to others, we had better be ready to apply them all to ourselves as well! ΩΩΩ

HEALTH

TIME TO TALK ABOUT REAL FOOD, NOT NUTRIENTS

The debate over whether cholesterol as long as you replace it with unsaturated and saturated fat or sugar and refined fats rather than sugar and refined carbohydrates are the greatest dietary evil carbohydrates (which most of us have). has once again raised its ugly head. These arguments between nutritionists leave people confused in their quest for a longer, healthier life. And in many ways, the confusion is completely unnecessary. There is actually a lot nutritionists agree on, particularly when we stop talking about nutrients and start talking about food.

What you put in is not what you get out

The renewed focus on this issue kicked off with the United States announcement that it would stop warning people to minimise their cholesterol intake. Whopty doo – we've known about that one for quite some time and covered the issue in our book *Appetite for Destruction*. The fact is that the food we put into our body is not the same as what our body does with that food. Eating cholesterol doesn't raise your cholesterol, and eating sugar can end up creating fat. Nutrition science is complex – what you put in is not what you get out.

Conflicting messages on saturated fat

That cholesterol turnaround was quickly followed by an article in the *British Medical Journal* that questioned the veracity of dietary fat guidelines. The article claims that the recommendations to limit saturated fat intake are based on limited evidence. The science on this issue is complex, as we have explored in a previous article. The main point is that this study doesn't prove saturated fat isn't a risk. However, it does point out that we need to look again about how much of a risk it is, and under what circumstances. It is all pretty complex but in simple terms the recommendation for most people to reduce their saturated fat intake stands –

Reducing saturated fat led to a bigger problem – highly processed trans fats

In an effort to reduce our saturated fat intake, we started eating unsaturated fat that had been manufactured to make it more like saturated fat. The only problem was that this created a nasty by-product from the manufacturing process known as hydrogenation. These little mutants, known as *trans* fats, are linked to a higher risk of heart attack, so should be avoided at all costs. So much for that then!

Now sugar and refined carbohydrates are in the line of fire

Some nutritionists (and Nigel Latta) are warning that the real problem is sugar, and its evil cousin refined carbohydrates like white bread and many breakfast cereals. As we have seen previously, it is very easy to overdose on sugar when you eat manufactured fake food. But does that make it a bigger threat than saturated fat? The answer depends on a lot of things. For example are you more worried about diabetes or heart attacks? The former is more strongly linked to sugar, the latter to saturated fat.

The main thing is to not eat too much

What we do know as far as health goes is not to eat too much. If a person eats more food than they need over a sustained period, that is when things start going wrong. That helps explain why our forefathers happily munched on saturated fats like butter and lard without ill effect – because they worked it off. Our problems began when we didn't work as hard to justify eating the stuff.

The problem with sugar on the other hand seems to be more that it makes us eat more in general. Our bodies process sugar

and refined carbohydrate quickly, leaving us craving more. So in the question over whether sugar or saturated fat is worse, a lot comes down to individual taste – what foods are you more likely to overeat? For some it will be fatty foods, for others sugary.

Nutrition is complex, when you talk about nutrients

The upshot of all this is that when we break food down into little bits, it gets horribly complex. There are lots of ifs and buts, and it takes a nutrition degree to get your head around nutrition science. As one example, we are now finding out that there are different kinds of saturated fats, each with potentially different impacts. It never ends!

This shouldn't come as a surprise – the process of growing, harvesting, transporting, processing, cooking, eating and digesting food is very complex. Tracing anything through that chain and finding links to our health is incredibly difficult.

Nutrition is simple, when you talk about food

It doesn't need to be this way. Instead of debating what percentage of our diet should come from certain nutrients, official guidelines should talk about food. That way, the complexities of nutrition can be boiled down to some very simple messages. Brazil has learned this lesson, and published a set of very simple dietary guidelines that talk about food – not nutrients. **There is actually a lot that nutritionists agree on**

All this fussing about nutrients and squabbling over whether saturated fat or sugar is the enemy only leaves the public completely confused. The question is why do we do it? When you start looking at food rather than nutrients, there is actually a lot that nutritionists agree on. They agree that we should eat real food, especially greens, and cut down on the processed stuff.

Eat real food, not the processed fake stuff

Processing is used by food companies to make food last longer. This reduces waste, which in turn reduces cost. Processing generally achieves this by stripping out all the stuff that makes food go off. The downside is that this is also the stuff that makes food healthy, and gives it flavour. To give processed food some flavour the processors instead pack in lots of sugar, fat and salt. This also helps make the food last even longer.

Cook – or be cooked for

This is why any meal that you cook yourself (or if you eat out, is prepared fresh for you) is likely to taste better and be healthier. Fresh food still contains plenty of nutrients, and is packed full of flavour so you won't have to add as much sugar, salt and fat to make it taste better.

So here is an idea: stop reading confusing media articles, nutritional guidelines, or scientific journals about nutrients, and start reading cook books about real food instead. - *By Geoff Simmons on February 17, 2015 in 'Health'*
- ΩΩΩ

LAUGHTER, THE BEST MEDICINE

Even Edgar Cayce, in his hypnotised state, could not help cracking a joke at times.

Q. Should I keep going to the same doctor?

A. *If you want to die.* - 5051-1

Q. How much better am I?

A. 37.3% - 567-4

Q. Which shoulder should be taped?

A. *The one that's hurt.* - 1710-5

Q. Should it be better for the body to remain in bed without moving about?

A. *It'll move when you give it the castor*

oil. - 348-18

Do not hide skeletons in your closet, for they will rattle when you least expect them. - 3246-1

Teacher explaining the pronunciation of the word 'psalm'.
 "The 'p' is silent as in 'bath'." ΩΩΩ

FROM HERE AND THERE

NO ONE FORMULA FOR TRUTH

All truth is the same, whether stated in modern scientific terms or in the language of apostolic times. Unfortunately, there are very timid souls who can't see that the very universality of truth requires various statements - that no one human formula will show every side of it.

Changing emphasis, new language, novel interpretations, and unfamiliar perspectives are not, as some suppose, signs of departure from Truth. But on the contrary, they are evidence that the Truth is being apprehended in some new relation to human needs and is becoming more generally understood.

Truth must be told to each generation and to every people in new and different terms, so that when Jesus said, "believe that ye receive and ye shall receive," or when Blake said, "What is now proved was once only imagined," or when modern science says, "The Law of Attraction is the law by which thought links with its object, wherever that object may be located within nor outside of space and time," each statement contains exactly the same Truth; only different in form and presentation. - *The Master Key System, Charles F. Haanel*

THE BIBLE MINUNDERSTOOD

These are some of the examples of upside-down thinking in the New Testament, although its gospel is really only the message of love. If the Apostles had not felt guilty, they never could have quoted me as saying, "I come not to bring peace but a sword. "This is clearly the

opposite of everything I taught. Nor could they have described my reactions to Judas as they did, if they had really understood me. I could not have said, "Betrayest thou the Son of man with a kiss?" "unless I believed in betrayal. The whole message of the crucifixion was simply that I did not. The "punishment" I was said to have called forth upon Judas was a similar mistake. Judas was my brother and a Son of God, as much a part of the Sonship as myself. Was it likely that I would condemn him when I was ready to demonstrate that condemnation is impossible?"

As you read the teachings of the Apostles, remember that I told them myself that there was much they would understand later, because they were not wholly ready to follow me at the time. I do not want you to allow any fear to enter into the thought system toward which I am guiding you. I do not call for martyrs but for teachers. No one is punished for sins, and the Sons of God are not sinners. Any concept of punishment involves the projection of blame, and reinforces the idea that blame is justified. The result is a lesson in blame, for all behavior teaches the beliefs that motivate it. The crucifixion was the result of clearly opposed thought systems; the perfect symbol of the "conflict" between the ego and the Son of God. This conflict seems just as real now, and its lessons must be learned now as well as then.

I do not need gratitude, but you need to develop your weakened ability to be grateful, or you cannot appreciate God.

He does not need your appreciation, but you do. You cannot love what you do not appreciate, for fear makes appreciation impossible. When you are afraid of what you are you do not appreciate it, and will therefore reject it. As a result, you will teach rejection.

The power of the Sons of God is present all the time, because they were created as creators. Their influence on

each other is without limit, and must be used for their joint salvation. Each one must learn to teach that all forms of rejection are meaningless. The separation is the notion of rejection. As long as you teach this you will believe it. This is not as God thinks, and you must think as He thinks if you are to know Him again. - *A Course in Miracles Text. ΩΩΩ*

A SEARCH FOR GOD – IN HIS PRESENCE

This is the ninth in the series of articles submitted to the Journal summarising the Edgar Cayce 'A Search for God' lessons.

Introduction

In His Presence we live, move and have our being. His Presence abides with us always. What motivates us daily depends upon our concept of God. What we express and manifest depends upon our knowledge and consciousness of His Presence. Only through our realisation and acknowledgement of His Presence does change come to us. When we listen to the still small voice within and know that His Presence is with us then we realise that we are One with God.

1. How do we gain knowledge of His Presence?

(a) The Creative Force abides within the Soul.

The Spirit of God speaks to the Soul by way of Forces.

We become aware of the Forces through prayer and meditation.

(b) When self is put aside and the Creative Force within us is expressed and manifested we come to realise His Presence.

(c) Seek God. God is. God rewards those who seek Him.

(d) By submitting our will to His Will we come to experience His Presence.

2. How do we prepare Ourselves to experience His Presence?

Live a clean life.

Meditate and Pray.

Be aware that God is with us always.

Follow His commandments.

Let our attitudes and philosophy of life center around a spiritual ideal (e.g.Christ).

3. How do we experience His Presence?

We experience His Presence through Peace.

"My Presence shall go with you and I will give you rest."

Exodus 33:14

4. Personal Experience

"There is within me a knowledge that His Presence abides with me always.

Throughout the day and night He is with me.

When the burdens of material life overwhelms me, I stop and listen to the still small voice then I realize His Presence. He assures me that He is with me."

5. Our Protection is with "In His Presence."

Do not be afraid of His Presence.

He will fulfil His Promise to us if we seek His Face.

There are Creative Forces that will help and strengthen us if we seek to follow in

the path of Jesus the Christ.

Conclusion.

May God's Kingdom come to Earth through His Presence in me.

May the light of Christ shine to others through me day by day.

May I conduct my life in way that glorifies Him and that others may know that His Presence is within me.

Let me glorify and lift Him up within others because I know His Presence is within every one of us.

May Peace be with us. ΩΩΩ

CHRIST IN YOU

Part 1 **Twenty-fourth Lesson - "Omnipresence"**

All that you have ever prayed, longed, and hoped for exists. So mighty is good. You are laying up treasures where there is no corruption, and all your good is your real wealth. You are making your future home, and your future self, by the way you live now. Rejoice that your names are written in Heaven. We will fill you with more hope and joy. The souls that have received something of the illumination from the light of all men have been overwhelmed by the knowledge of the possibilities of their own lives.

Let us come very near in our understanding of omnipresence. God, who fills all space, knows nothing of past or future, but is eternally present. He is Alpha and Omega, the same yesterday and forever. The whole human race is meant to understand this. Let me explain.

You sometimes wonder at what seems to be loss of memory in us. We can recall anything of good that we wish. We learn the higher spiritual laws very quickly, and there is one that is best explained by the words "All time is the present." At once we cease to hurry, a great strain drops from us, all is ours, and we must take our own. To some who are here this blessed truth is a great part of their Heaven. When the eager souls, who imagine they must do a certain amount in a given space of time, discover this, the effect on them is to renew their energies, unfold wider prospects, and service becomes a rest. They truly begin to live. To the weary heart the present is enough.

To live in the spiritual plane is to live in reality, not spasmodically and in limits.

Pause and think – How can time be divided? Day and night are explained to us as the inflow into and the outflow from the ocean of ever-present time. It is a wise law – the eternal present, the glorious NOW, a rest and a joy, a satisfaction too full to make us wish to look backwards or forward, since we know that all is well. The sufficiency is the actual present. Think over this carefully, that your joy may be full. "I AM" is the present tense for all times.

The beneficent and merciful consciousness is the outcome of love. Just think for a moment what the effect of entering into the realisation would be on your earth. To draw the very next breath direct from God, with no past memory of wrongs or sins, filled only with the knowledge of the great love-life, assimilating all the good in the present, living the blessed NOW; think what it would mean. This is what Christ teaches you. To say, "Lazarus come forth," was to speak from the spiritual plane, realising only the present life.

Do you not see here the true secrets of eternal youth, each stage of unfoldment opening up a richer, riper youth? I am the Lord, I change not. Open your eyes and see this wondrous truth. You can be just as much of God as you are prepared to manifest. Even now you hold within yourself the accumulated good of all the ages. Christ the Son of God in the heart of

humanity reaches out to man until he awakes to divine consciousness.

The seven acts of Christ become actual to man, instead of belonging to a past period. He experiences the birth, the awakening in the Temple, the anointing, the temptation, the crucifixion, the

resurrection, and the ascension. Christ must be in you; nothing avails man from the outside. All is from within. Thank God for Jesus Christ, "the unspeakable gift" of God. The evolution of one soul exalts the whole race. "That they all may be one."
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OUR CLOSING THOUGHT

"What is it all about then? 'You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.' The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the

associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be His without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!" 3976-29 **ΩΩΩ**

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