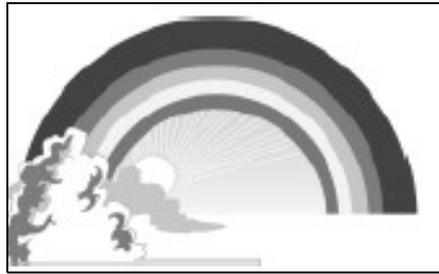


Journal on Personal and Spiritual Development



The Rainbow Journal

No. 29 - February 2010

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FROM THE EDITOR

The year has barely started and we have already experienced the devastating earthquake in Haiti. With the recent spate of severe earthquakes coupled with tsunamis one may wonder what we are in for in the near future. In this respect the following prophecy, given in 1990 and appearing in our March 2007 Journal, may offer some words of encouragement: *“There will be catastrophes, yes, but they will not destroy the world as some tell you. There will be earthquakes and volcanic activity. There will be hurricanes on the East Coast more severe than they have been in the last, say, 50 years. Weather all over the world will seem stranger—more bizarre—than before. Yes, these things will happen. And there will be technological disasters – plane crashes, train wrecks, toxic spills and leaks and other tragedies that kill groups of people.*

“But as far as catastrophic changes that render only certain portions of the earth safe and inhabitable, no, no, those kinds of changes are not in store during the next

decade – nor are they in store for the next. Though there will be regional distress, even tragedy, there will not be wholesale destruction. You will continue and there is a future.

“As we have often said: The problem is not that there is no future. The problem is that there is a future, and it is up to you to create it!” (From the words of Lazarus who was channelled through Jach Pursel as reported in Venture Inwards September/October 1990.)

READERS FORUM

There has been a suggestion that the Journal should include a section where readers can offer your experiences, opinions and suggestions on matters which are of particular concern or interest to you. For openers I have inserted a *Readers Forum* section on the subject of *dreams*. You are all welcome to contribute to the forum on this subject, or any other subject which you consider may be of general interest.

Pleasant reading and I trust the articles will give you food for thought. As always any feedback is welcome. *Brian Alderson ΩΩΩ*

THE SHIFT AND DEALING WITH HUMAN CONFLICT

In our March, 2009 issue the article “The Shift” briefly discussed the great changes that are now taking place in our world. The main thrust of this shift is in the raising of human consciousness from our lower chakras, which deal with the material and physical, to our higher chakras when we awaken to our spiritual nature.

Continuing on the theme of that article we may now consider our attitudes to international conflict which are gradually shifting and it is hoped

that before too long war will no longer be considered a viable option in solving conflicts and discord between nations.

An example of the results of this shift is our perspective on war and how we, as a nation, should defend ourselves. Because of our old, long held belief systems we have accepted what we were told by our leaders, through the media, that we, as a nation, have enemies and the only way to make ourselves safer, make the nation more secure, is by

having defence systems, maintain large standing armies and military forces and stockpiling weaponry. In some countries these weapons include those that will cause mass destruction.

Throughout the last few decades there has been a constant stream of military conflicts sometimes initiated from the notion that it was necessary to launch pre-emptive strikes under the principle of 'get them before they have a chance to get us'. This is of course the opposite of the golden rule proclaimed by Jesus "In everything, treat others as you would want them to treat you, for this fulfils the law and the prophets." All the other major religions declare a similar message, such as in Islam "Hurt no one so that no one may hurt you", in Judaism "What is hateful to you, do not do to your fellow men, that is the entire law, all the rest is commentary." and in Buddhism "Hurt not others with that which pains yourself." Unfortunately few followers of these religions seem to believe that this law applies to them or their nations.

When we change from the old standpoint dealing with good versus evil to the new consciousness of the principle of oneness and the interconnectedness of all people we can better look at what we are doing and see things from other peoples' perspective. We begin to question whether putting so much energy and resources into weaponry and defence is the right course of action. In reality the more arms we have and the more powerful these weapons are the more we are perceived as a threat by our neighbours. From these neighbour's viewpoint, by arming ourselves we are in fact posing a threat to them and they in turn may choose to build up their defences against us in response, which is precisely what happened during the 50 years cold war

between the USSR and the USA and its allies.

The official position in many western governments is that military strength is totally necessary because it is the only means of obtaining national security in a dangerous world. However history would seem to suggest that it could have very different results. The world's superpower is currently the United States so it may be assumed that Americans consider themselves to be in the safest and most secure country in the world. However this does not seem to be the case as Americans have been constantly reminded by their leaders that they are not safe, being under threat from terrorists and from a number of foreign countries.

As to whether any amount of weapons can guarantee safety and defend us from those who are determined to cause harm perhaps there is no greater example of the futility of this weaponry than in the instance on the 9/11 attack on the World Trade Centre. Thousands of innocent civilians were killed in about an hour yet the perpetrators of this horrendous crime did not own the weapons that caused these deaths. They had no missiles or bombs yet with a little ingenuity and a willingness to die for their cause they managed to bring so much death and destruction with what was available to them-four commercial passenger planes. The whole military might of the United States was powerless against this attack.

When we look at a number of the countries that have standing armies we find that these armies, which are supposedly maintained to defend the countries against invasion, repeatedly attempt uprisings against the legitimate governments in their own countries. These military forces have frequently *caused the downfall of the very*

governments that created them. The following is a list of some military coups occurring over the last decade:

- 1999 - Military coup in Pakistan*
- Military coup in Ivory Coast*
- 2000 - Military Coup in Fiji.*
- 2002 - Military Coup in Venezuela*
- 2003 - Military Coup in Central African Republic.*
- Attempted military coup in Mauritania.*
- Military coup in São Tomé and Príncipe.*
- Military coup in Guinea-Bissau.*
- Attempted military coup in the Philippines*
- 2005 - Military Coup in Togo*
- Military coup in Mauritania*
- 2006 - Military coup in Thailand.*
- Attempted military coup in Madagascar*
- Military coup in Fiji*
- 2007 - Attempted military coup in Turkey*
- 2008 - Military coup in Mauritania*
- Military coup in Guinea*
- 2009 - Attempted military coup in Madagascar*
- Military coup in Honduras*

From the above list one can conclude that maintaining military forces can be self-defeating and may result in the opposite of what they were created to achieve – protection from invasion and to provide internal security.

Perhaps then, as this new age emerges, we should consider who our real enemies are. As Edgar Cayce pointed out, as individuals, our real enemies are within us (See January 2009 Issue). Perhaps that also applies to nations. Instead of looking outwards to what is seen as threats to the nation, perhaps we, as a nation, should look inwards to the enemies and faults in our nation's priorities, values and ideals

which may be undermining our social cohesion, peaceful coexistence and inner security.

Also if we really want international peace we should find out what causes war, as Jiddu Krishnamurti put it: *“Without love and right thinking, oppression and cruelty will ever be on the increase. The problem of man's antagonism to man can be solved, not by pursuing the ideal of peace, but by understanding the causes of war which lie in our attitude towards life, towards our fellow-beings; and this understanding can come about only through the right kind of education. Without a change of heart, without goodwill, without the inward transformation which is born of self-awareness, there can be no peace, no happiness for men.”*

FROM THE READINGS:

(From the message given in a reading to the ninth A.R.E annual congress in June 1940).

Then - as you, as an American people, stand as a nation that has accepted Christianity, and has even put upon the coin of the realm "In God We Trust," - you must not trust in the might of man, nor in political or economic conditions. For these, too, will find their changes; and in high places many will be brought low; and many who are of low estate will be set as a city on a hill - whose light also may be cut off from not being planted in Him who is the true light.

Let your voice be raised, then, as in praise to your Maker; not in word alone but rather in the manner in which you meet your fellow men day by day. For the prayer, and the living of same by those sixty and four who are here gathered, may even save America from being invaded - if that is what you desire. For the Lord can, the Lord will,

the Lord does preserve those who in righteousness ask. "Ask and you shall receive; knock and it shall be opened unto you." And as you live, so may the

Christian light of love encompass the earth; not that of hate, selfishness, money, power, or fame! 3976-25 BDA ΩΩΩ

WHY MARRY?

Marriage means different things to different people. The reasons for getting married are numerous, most often including one or more of the following: legal, social, emotional, economical, spiritual, and religious.

One of the characteristics of religions is that they set down moral codes. In the Christian religion these codes are partly based on the Ten Commandments of the Old Testament and the instructions given to the early Christian communities in the letters written by Paul of Taurus and others as found in the New Testament. In these letters what the writers called 'fornication', which was a general term for what they considered as sexual immorality, was prohibited. In particular the Church condemned couples living together in a sexual relationship outside of marriage. The Church leaders instilled fear into its congregations by warning that grave consequences would result from this conduct. These couples were 'living in sin' and were condemned and punished in numerous ways including denial of participation in the Church's communion services. As a bishop wrote some one thousand nine hundred years ago "It becomes both men and women who marry, to form their union with the approval of the bishop, that their marriage may be according to God, and not after their own lust." So there was a strong motivation for conscientious church members to avoid such castigation by having a church wedding.

In the past there was also

persuasive legal reasons why people chose to marry. One concerned property rights. If there was a breakdown of a de facto relationship the parties had no legal claim on property and assets held by the other party. A breakup following a long relationship could result in the woman becoming destitute. There was also the offspring of the relationship to consider. Children who were born out of wedlock were termed 'illegitimate' – not legal. Where legitimate children had the right to the family name, could inherit property, and had a right to food and education, illegitimate children could not inherit from either parent or other relations and had no right to the family name or even the custody, guardianship, or support of either parent. Obviously this provided a very strong motivation for couples, concerned for the future of their children, to get married.

Nowadays we live in a very different world. The reason the great majority of people in the West nowadays give for marrying is for love. Surprisingly, this is a comparatively new grounds for matrimony. For most of European history, marriage was more or less a business agreement between two families who arranged the marriages of their children. Romantic love, and even simple affection, were not considered essential. According to *Anthropology of Marriage* "In the twelfth century, aristocrats believed love was incompatible with marriage and sought romance in adultery."

One of the dangers of marrying for love is that frequently the love is of a

romantic nature, brought on by a combination of instinctive desire for a mate, physical attraction and hormonal activity. This 'romantic love' is often associated with negative emotions such as possessiveness, suspicion and jealousy. A relationship based of this type of love often does not last as evidenced in divorce statistics which show that in Australia and the United States 46% of all marriages end in divorce, with similar rates in other Western countries.

With many people nowadays living together without the benefit of being 'churched' and divorce rates as high as they are the question must be asked – why bother marrying in the first place? This is a good question that deserves a considered answer. Today the Church has lost much of its power of fear over its congregations so the threats of hell-fire to so-called sinners has lost its sting. Laws discriminating against unmarried couples have mostly been repealed and children as a result of these relationship now have the same rights as children born from married couples. Furthermore the social stigma attached to de facto relationships is rapidly fading. So many of the incentives to marry have now been removed. In the past when people got married they became 'husband' and 'wife', terms often used in a possessive manner, such as in the comment 'my car is in the garage and my wife is in the kitchen.' Nowadays a new word has been introduced to denote couples in a relationship, whether married or not. The word is 'partner', a wonderful word because it is non-possessive and it expresses equality.

Marriage is a binding commitment which can only be cancelled by a court order. This commitment itself, surprisingly enough,

is sometimes a causal agent for a divorce. I remember once many, many years ago watching a movie in which the local priest confronted a woman who had been living in a de facto relationship for many years. "Why don't you get married?" he asked. "What!" was the response "And have him up and leave me!"

A friend of mine who I had know for some 40 years had divorced his wife shortly before I met him. He formed a new relationship with a widow and in the early years it was a tumultuous affair with many a fisticuffs. Yet it only ended with his death three years ago. I am certain that had the couple got married the relationship would have ended not long after the wedding. It seems that the fact that either party could walk out on the relationship if they wished at any time was a factor which kept them together all those years.

So again we come back to the question – why bother getting married? As stated at the beginning there are many reasons why people decide to marry. Most of these are about the physical – financial security, possession, companionship, social pressures, etc. When these are the main reasons the marriage is not a true marriage. A true marriage is a *spiritual relationship* in which two people join together to become one. In the beginning, at the garden of Eden man ate of the tree of knowledge. By doing this humanity moved into the consciousness of duality, of good and evil, male and female etc. True marriage is that coming together of that original oneness when two souls are united. True marriage makes a relationship divine.

The complete unity through marriage is not achieved immediately by the wedding ceremony but is something for each partner to work on by

selflessness and following one's ideals. So the joining together is not by any ritual but by love which is what is meant by God in this Bible passage: "Wherefore they are no more twain, but one flesh. What therefore God has joined together, let not man put asunder." And where is God? Within us! So when two loves become one love no man can destroy it.

Throughout the reading Edgar Cayce gave much advice on marriage and the constant theme was the giving of unselfish love and commitment.

FROM THE READINGS

(Q) Do they genuinely love each other?

(A) In the present. Remember each, love is giving; it is a growth. It may be cultivated or it may be seared. That of selflessness on the part of each is necessary. Remember, the union of body, mind and spirit in such as marriage should ever be not for the desire of self but as ONE. Love grows; love endures; love forgives; love understands; love keeps those things rather as opportunities that to others would become hardships. 939-1

For, in consideration of marriage, if it is to be a success, - it must be considered not from merely the outward appearance, a physical attraction; for these soon fade. Rather it should be considered from the angle of spiritual ideals, mental aspirations, and physical agreements. These should be analyzed in the experience of the entity, as in the experience of the companion, in the choice of such relationships. 1776-2

(Q) Should divorces be encouraged by making them easier to obtain?

(A) This depends upon first the education of the body. Once united, once understood that the relationships are to be as one, less and less is there the necessity of such conditions. Man may learn a great deal from a study of the goose in this direction. Once it has mated, never is there a mating with any other - either the male or female, no matter how soon the destruction of the mate may occur - unless forced by man's intervention. 826-6 BDA ΩΩΩ

NAMING GOD

What is the Name of God? Actually god is not God's name. "God" is what God is, just as "Human being" is not my name or your name, for "Human being" is what you and I are. Throughout history people have worshipped numerous gods, and the different religions over the ages had many gods all with their own names. The god that we are referring to is the one Moses came across at the burning bush. He asked this God that question directly and the answer was something that might be translated "I am who I am" or "I will be what I will be." Not what one would call a name. One resolution of the dilemma of naming

this God was to make up a name by the transliteration of the four Hebrew words that partly described this God, with the result being the word 'JeHoVaH', a name which is still in use today. In the Jewish tradition, this ambiguous phrase came to be regarded as so holy that, except during prayer or formal Scripture reading, Jewish people would say something like "The Name" or "The Holy One" when they wished to refer to God.

The first name of God encountered in Scripture is Elohim, in the story of creation. Scholars claim that this is a grammatically feminine, plural form for an old Canaanite god which the

later Bible authors found unacceptable. Another name, which occurs fairly frequently, is 'El Shaddai', which means "God of the Mountains" but was later changed to 'Jehovah'. It is said that there are around seventy Biblical names for God, as well as the multitude of metaphors and descriptive phrases found in the Psalms and elsewhere.

One of the problems with names, or descriptive phrases for God, is that our understanding of who God is, is conditioned by our personal and cultural histories. Although theological formulations consistently claim that God is beyond anything that we can say or imagine, Christians are burdened with a two thousand year old tradition of naming the triune God of Christianity as "Father, Son and Holy Spirit," using masculine words when referring to them.

Despite the disclaimers, most Christians continue to image God as male, at least at an subconscious level. If you are a Christian instead of saying "God" try substituting it with the word "Goddess" for a while – it just doesn't seem right! While we may be able to acquiesce to using the word God to imply no particular gender, when we use pronouns, God has traditionally always been referred to as 'He' – definitely male. Perhaps using 'It' would be get over this gender problem but the pronoun 'it' does not sound right for a 'personal' God.

The truth is that whatever name we use for God, it is too small, so perhaps the more vague the name the better. Leaders of some ancient religions have faced up to this difficulty of putting a name to God because they realised that one cannot encapsulate – enclose within a word – something that is ultimately un-nameable, un-knowable, indescribable, and beyond all human

categories. A Buddhist saying is that "The Way that can be Named is not the Way." The ultimate reality is beyond description, beyond divisions, most certainly beyond gender.

When the word "Christ" is used one cannot get past the fact that it is a purely Christian word, a word not used in any other religion. 'Christ' is the English term for the Greek word meaning 'the anointed one', a translation of the Hebrew word, usually transliterated into English as 'Messiah'. Christ was not the second name for Jesus as numerous mentions of Jesus Christ in the New testament may suggest. The word simply distinguishes the Jesus referred to as being 'the anointed one.'

In the Theology of Christian Science Mary Baker Eddy, the religion's founder, wrote in her book, *Science and Health with Key to the Scriptures*, that: "The invisible Christ was imperceptible to the so-called personal senses, whereas Jesus appeared as a bodily existence. This dual personality of the unseen and the seen, the spiritual and material, the eternal Christ and the corporeal Jesus manifest in flesh, continued until the Master's ascension, when the human, material concept, or Jesus, disappeared, while the spiritual self, or Christ, continues to exist in the eternal order of divine Science, taking away the sins of the world, as the Christ has always done, even before the human Jesus was incarnate to mortal eyes."

Putting it simply, Mary Baker Eddy was suggesting that Jesus was the man, particularly related to the Christian religion whereas Christ was spiritual, existing from the beginning and therefore far beyond the limits of the religion of Christianity.

Does using the word 'Christ' make any difference? In communicating, one

Christian to another it will not but what about when a Christian communicates with a Jew, or Buddhist, or a Muslim? These people may find the word meaningless to them, unrelated and incompatible with their own religions. Perhaps then we should come up with other, more universal, terms that describes the spiritual essence of the Christ.

In the Edgar Cayce readings it appears that Cayce used language that was in line with the subject's beliefs and culture. Most of the clients were Christian, consequently Christian terms were regularly used in readings for these clients. A term frequently found in readings to these clients was 'Christ Consciousness'. In other readings a term often found was 'super conscious' which Cayce described as "...the divide, that one-ness lying between the soul and the spirit force, within the spiritual entity. Not of earth forces at all, only awakened with the spiritual indwelling and acquired individually." This seemed to relate directly to the term 'Christ Consciousness' as used in readings for the Christian clients.

Another term used by Cayce many times was 'Universal Consciousness.' In one instance of the use of this term Cayce stated: "Thus is each soul, each entity, a co-creator with that universal consciousness you call God." So the term 'universal consciousness' was being used as a name for God.

At a time when there is considerable tensions between members of differing religions, when referring to matters of our spirituality, a common terminology would help in finding mutual ground on which we all can form a basis for shared understanding and respect.

FROM THE READINGS

Thus may the relationships of the

entity and the universal consciousness, or God, become more and more a conscious reality. Not that it may be even describable in words. For, words are merely a means of communicating ideas to one individual from another, while universal consciousness with Creative Forces is rather the awareness that bespeaks of life itself. And life in every form is the manifestation of that force called God. 2246-1.

Postscript:

Since writing this article the following item has been broadcast in the news:

"Three Malaysian churches have been targeted with firebombs, leaving one badly damaged, in an escalating dispute over the use of the word "Allah" by non-Muslims. Muslim groups angry over the use of "Allah" as a translation for the Christian God held small protests outside at least two mosques in the capital ... Tensions were heightened last week when the High Court ruled in favour of the Catholic "Herald" newspaper which has used "Allah" as a translation for "God" in its Malay-language section. In a long-running legal battle, the government has argued the word should be used only by Muslims. The ruling was suspended on Wednesday pending an appeal, after the government argued the decision could cause racial conflict."

From Wikipedia: "According to Islamic belief, Allah is the proper name of God, and humble submission to His Will, Divine Ordinances and Commandments is the pivot of the Muslim faith. He is the only God, creator of the universe, and the judge of humankind. He is unique and inherently one, all-merciful and omnipotent."

If we were to use a little logic we would conclude that if Allah is 'the only God... unique and inherently one' and a basic precept of Christianity is that there

is one God, then the Muslim 'Allah' and the Christian 'God' are the same. Logic would have that if they are not the same then there must be two gods. This is something that neither religion can accept.

Here we have a classic example of how narrow minded and illogical some religious people can become. If both the

Muslim and Christian religions accepted a mutual word for the one God then this would be the beginning of an understanding between the two, but this is apparently not what these religious people want. They want a clear divide between the religions, based on the concept 'our religion is right, yours is wrong.' *BDA ΩΩΩ*

THE LAW OF THE GARBAGE TRUCK

One day I hopped in a taxi and we took off for the airport. We were driving in the right lane when suddenly a black car jumped out of a parking space right in front of us. My taxi driver slammed on his brakes, skidded, and missed the other car by just inches! The driver of the other car whipped his head around and started yelling at us. My taxi driver just smiled and waved at the guy. And I mean, he was really friendly.

So I asked, "Why did you just do that? This guy almost ruined your car and sent us to the hospital!" This is when my taxi driver taught me what I now call, 'The Law of the Garbage Truck.'

He explained that many people

are like garbage trucks. They run around full of garbage, full of frustration, full of anger, and full of disappointment. As their garbage piles up, they need a place to dump it and sometimes they'll dump it on you. Don't take it personally. Just smile, wave, wish them well, and move on. Don't take their garbage and spread it to other people at work, at home, or on the streets.

The bottom line is that successful people do not let garbage trucks take over their day. Life's too short to wake up in the morning with regrets, so... love the people who treat you right. Pray for the ones who don't. Have a blessed, garbage-free day!

Original story by David J. Pollay ΩΩΩ

CHRIST IN YOU

Sixteenth Lesson

Truth is Steadfast - Immovable

To receive this teaching you must exclude the vibrations of inharmonious personalities; it is highly injurious to allow the invasion of magnetic currents. This causes exhaustion and want of vitality. Keep perfect poise of spirit, never allowing any influence to enter the spiritual innermost, while sensitive and receptive. Try to keep people to their own spiritual wealth, and do not imagine that it is the right thing to help them of yourself. It is far higher to help others to help themselves, leading them

to the true source of all good. I suggest that you do not allow any but yourself to open the door of communication between yourself and us. You all need to remember your own right to rule in every condition and circumstance.

Let us consider together the meaning of the personal and of the universal, for there is much confusion of thought in your midst about these things. Jesus was both a spiritual personal identity and the Christ of God. This is God's meaning for you – with

Jesus the divine teacher for your guide, Jesus the Christ became one with God when one with man. Only by withdrawing Himself from their midst as a personality could He really come again to His disciples in that interior sense which was to make of these ordinary men the great apostles of the Christian Church. Only by entering the universal could He become the true individual in them and in us all, the You, the I AM of our life and theirs.

In that wonderful chapter of the Acts you may find the record of their first glimpse of the great cosmic consciousness, the inner illumination which will cover the whole earth as the waters cover the sea. They emerged from the limitations of time and sense into the larger spiritual freedom. Their loss of the personality of Jesus was their great gain of the Christ all in all. You are to become one with all men, a great brotherhood and divine unity. The words will surely reveal the truth. At present this consciousness is dawning; surely we see the coming unity of man with man in God.

You will in no sense be less yourself, but you will be greater in love

and understanding. The suffering of some is the hurt of the whole. How beautiful are the feet of those who carry the tidings of peace and goodwill toward all men! Silently working in the heart of nations is the Prince of Peace. We pray for open doors that the great interior life may flow out and expand, the very river from the Ancient of Days. There is perpetual healing wherever the river cometh.

Rest in hope. Be strong and of good courage, the day is coming –the night is past. In the darkness and outmost hell is God There are planes below yours, some even unconscious of God, but all shall be redeemed. Every time you make a conquest on the material plane, you make better conditions for those below you. I repeat, every individual conquest is a victory for the whole race.

Pray often and love much; do not falter on the upward path, for when you fall others fall with you. Thank God for your glorious opportunity here and now.

Read the Sermon on the Mount continually, and wait silently as the words unfold their meaning to you. ΩΩΩ

LAUGHTER THE BEST MEDICINE

The Lord and St. Peter are in heaven observing the action down on the earth on a television monitor. They are amazed by what they see: people are forever rushing about, ceaselessly digging and constructing, building large cities, everywhere busy, busy, busy, from early morning throughout the night. The Lord turns to St. Peter and asks incredulously, ‘What are they all doing, busy from morning till night, never resting, forever striving, battling, competing? What’s the point of it?’ St Peter replies, ‘Well Lord, these people

are your followers, they believe in you and obey you. And you told them to eat their bread in the sweat of their brows.’ And the Lord says to St. Peter, ‘But I was only kidding.’

St. Peter switches channels and they see a magnificent banquet hall in the Vatican with huge tables filled with expensive delicacies. There are caviar and truffles and the finest wines and so on. Hundreds of big men in purple robes are seated around the tables, feasting and laughing and drinking cognac and smoking cigars. They are the cardinals

and bishops, having a feast. 'But what about these people, 'the Lord asks St. Peter, 'they don't seem to be eating their bread in the sweat of their brows. If you ask me, they seem to be having a jolly

good time.' St. Peter says, 'Well Lord, these are the ones who knew you were only kidding.'

– *Krishnamurti* ΩΩΩ

READERS' FORUM

Dreaming is something we all do and most of us have little idea of the hidden meanings behind most of them, so perhaps this section could be a place where you can post your dreams and those of you who have the ability to interpret them may offer the interpretation in response. Where a response is submitted I will forward it on to the one who submitted the dream to avoid having to wait for the next issue of the Journal to get a reply. One of the old A.R.E *Searchlight* journals has an excellent study of dreams which I recommend you read. The article is titled: "Your Dreams" and can be found on the website:

<http://www.edgarcayceaustralia.com/search.html>

Some helpful hints on dreaming:

1. While one can ignore dreams, repetitive dreams in particular should not be disregarded. For just as there is the saying that "Death cures cigarette smoking," you might find that listening to your dreams may help you solve your problems before it is too late.
2. Dreams are always "true" it's just that what they mean isn't always what we think they mean.
3. Dreams often mean the opposite of what they seem to mean. We often see our own desires as they are reflected (and mirror-reversed) through others. For example, if you dream that you're embarrassed for being in public without clothes, it could mean that you have a deep unconscious need for some hidden

aspect of your being to be shown to others in its "naked truth."

4 All dreams essentially tell us one important thing: "Wake up!" That is, just as you must wake up from a dream to remember it, the dream itself is telling you to "wake up" to a truth that you are trying to hide from others—and from yourself.

5. Repetitive dreams indicate that you are continuing to miss the point about the meaning of the dream.

EXAMPLES OF DREAMS

Dream 1 – A physical Dream

This was a dream I had many years ago which shows how some of our dreams relate to our physical body and environment. Many readers may have had similar dreams.

"I was walking along the road and suddenly my foot shot down into a hole in the ground which I had not noticed. At the same time I awoke as my foot shot down in the bed. I felt cramps in my leg. Apparently this dream was a way of my subconscious getting me to straighten out my leg which was being to develop cramps."

Dream 2 – A subconscious dream

A lady was suffering from severe arthritis which caused great pain and made it difficult for her to perform everyday tasks. Nevertheless she was extremely reluctant to give up her job, which she had had for 23 years, because she feared the prospect of being dependant on others. Finally she had

severe allergic reaction to her medication with the result that she ended up in hospital. In desperation she asked God what to do. That night she had a dream:

“I was walking on a sandy shore of a desert lake. Far in the distance, a tall figure in a white robe was walking towards me. As we approached each other I saw that it was a man in his thirties. There was no one else present. As he neared me, he smiled kindly to me and raised his hands up for me to see the scarred nail holes in his palms. While still smiling but not moving his

lips in speech, I 'heard' in my head the words: “Don't sell my body for thirty pieces of silver, and don't sell yours either.”

He turned and walked back the way he had come. I stood and watched him go, with tears on my face, until he was no longer visible.”

The very next day she applied from retirement from her job and never worked again. She followed Edgar Cayce dietary recommendations for arthritis with very good results. **From: Soul Development** – Kevin J. Todeschi ΩΩΩ

FROM OUR READERS

THE MIRACLE OF HEALING

Dear Editor,

Through your article "The Miracle of Healing" are you saying that in fact there are no such thing as miracles and that prayers to God for healing are useless?

T. Rivers, Auckland

As mentioned in the article, we are reminded that God is within us, therefore when we pray we are not petitioning to some outside source for healing but are

appealing to that Universal Consciousness within us all, to direct healing energy to the one for whom we are offering prayers. Another point is that, as Edgar Cayce quoted many times 'For God is law.' If God IS the law then God would not break His own law to heal someone. It can therefore be assumed that the healing was within His laws! And we know that a crucial law in the act of healing is faith.

Editor. ΩΩΩ

OUR CLOSING THOUGHT

“What is it all about then? ‘You shall love the Lord your God with all your heart, your soul, your mind, your body, and your neighbour as yourself.’ The rest of all the theories that may be concocted by man are nothing, if these are just lived. Love your neighbour as yourself in the associations day by day, preferring as did the Christ who died on the cross rather than preferring the world be his without a struggle. Know, then, that as He had His cross, so have you. May you take it with a smile. You can, if you will let Him bear it with you. Do it!” 3976-29 ΩΩΩ